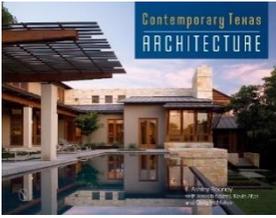


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ARCHITECTURE

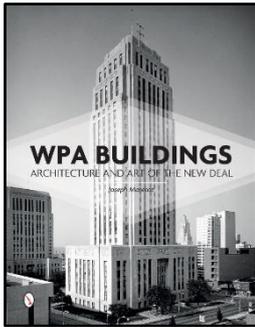


Contemporary Texas Architecture

E Ashley Rooney, Joseph Adams, Kevin Alter, Craig McMahon

A long-overdue book documenting a state with a growing population, this richly illustrated collection of homes displays the work of 34 Texas architects whose buildings embrace their region and place. These award-winning residences vary in style, scale, budget, and site, but they are all positioned to incorporate the Texas light, landscape, and local materials. More important, they are designed and constructed to deal with the prospect of climate change, including Texas-size hurricanes, tornadoes, heat, and drought. Readers will appreciate the regional rigour of these buildings sited on the Hill Country's arid escarpments, deep in the piney woods of East Texas, and in the insufferable heat of the southern coastal plain. Being Texas proud means being place proud, yet all of the projects showcase principles that are surprisingly universal.

HB 9780764352386 £47.99 December 2016 Schiffer Publishing 224 pages 230x305mm 286 colour & b/w photos



WPA Buildings

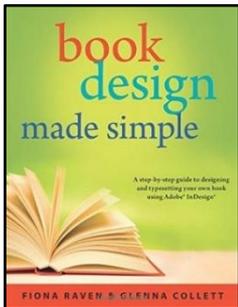
Architecture & Art of the New Deal

Joseph Maresca

In a fully illustrated, well-documented study, a historically underappreciated, uniquely American style gets its due. This survey explores the often overlooked social impact of imposing government buildings in American cities, large and small, that were funded by the Works Progress Administration in the 1930s. It was The New Deal's attempt to restore America's self-confidence during the Great Depression. Art Deco and modernism morphed into a style that broadcast the idea of the "New" and inspired confidence, as represented in structures such as the Federal Reserve in Washington, DC, and the Solomon Courthouse in Nashville. Eventually labelled WPA Moderne, this all-American streamlined Classicism became the public face of an era defined by progress and a sense of security.

HB 9780764352119 £42.99 February 2017 Schiffer Publishing 160 pages 280x215mm b/w & colour photos & illus

ART & DESIGN



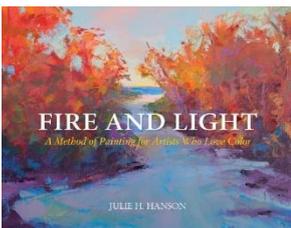
Book Design Made Simple

A Step-By-Step Guide to Designing & Typesetting Your Own Book Using Adobe InDesign

Fiona Raven, Glenna Collett

This book gives DIY authors, small presses, and graphic designers, novices and experts alike the power to design their own books. It is the first comprehensive book of its kind, explaining every step from installing Adobe® InDesign® right through to sending the files to press. For those who want to design their own books but have little idea how to proceed, this is a semester of book design instruction plus a publishing class rolled into one. Let two experts guide you through the process with easy instructions, resulting in a professional-looking top-quality book.

PB 9780994096906 £57.50 January 2016 12 Pines Press 512 pages 235x190mm



Fire & Light

A Method of Painting for Artists Who Love Color

Julie Hanson

For artists interested in using colour in a new way, this two-part book offers a fresh, comprehensive approach to understanding colour in painting. Part one starts with the basics and teaches, rung by rung, many concepts including colour, value, and the use of red, yellow, and blue to build three-dimensional form. Tools given in part one form the foundation for part two's lessons in "temperature painting", an original method created by the author using warm and cool colours. The instructions are easy to follow, step by step, and fully illustrated with beautiful finished pieces by various artists and the author, an accomplished artist who teaches workshops nationally and whose commissioned portraits and paintings are in many private collections.

HB 9780764352171 £23.99 December 2016 Schiffer Publishing 128 pages 215x280mm 206 colour illus

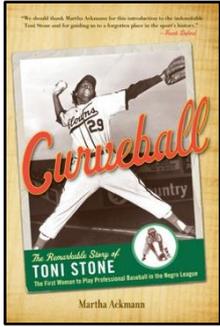


World of Urban Decay 2

Martin ten Bouwhuijs

When exploring the remains of forgotten buildings and abandoned lots in Eastern and Western Europe, a sign with "Trespassers will be prosecuted!" is usually what you will find outside. Imposing, seemingly lifeless structures -- some abandoned for over 25 years -- including churches, mortuaries, factories, hospitals, swimming pools, and more, become reanimated in this series of arresting, sensually provocative images. On many buildings, unaffected by human interference for years, only beautiful, natural decay can be seen: moss growing on mattresses and cars, wallpaper peeling, and complete floors -- beds, pianos, and all -- having completely collapsed. These images are the results of daring photographic escapades, out of which is born a new appreciation for the beautiful architecture and the awe-inspiring grandeur of far-gone days.

HB 9780764352560 £33.50 February 2017 Schiffer Publishing 176 pages 215x280mm 156 colour photos



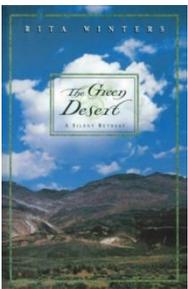
Curveball

The Remarkable Story of Toni Stone, the First Woman to Play Professional Baseball in the Negro League

Martha Ackmann

From the time she was a girl growing up in the shadow of Lexington Park in Saint Paul, Minnesota, Toni Stone knew she wanted to play professional baseball. There was only one problem -- every card was stacked against her. This book tells the inspiring story of baseball's "female Jackie Robinson", a woman whose ambition, courage, and raw talent propelled her from ragtag teams barnstorming across the Dakotas to playing in front of large crowds at Yankee Stadium. Toni Stone was the first woman to play professional baseball on men's teams. After Robinson integrated the major leagues and other black players slowly began to follow, Stone seized an unprecedented opportunity to play professional baseball in the Negro League. She replaced Hank Aaron as the star infielder for the Indianapolis Clowns and later signed with the legendary Kansas City Monarchs. Playing alongside some of the premier athletes of all time including Ernie Banks, Willie Mays, Buck O'Neil, and Satchel Paige, Toni let her talent speak for itself. The book chronicles Toni Stone's remarkable career facing down not only fastballs, but jeers, sabotage, and Jim Crow America as well. Her story reveals how far passion, pride, and determination can take one person in pursuit of a dream.

PB 9781613736562 £15.50 February 2017 Chicago Review Press 288 pages 230x155mm



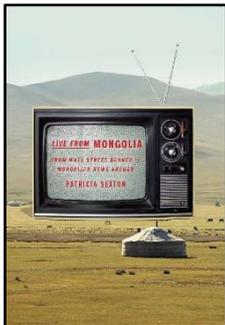
Green Desert

A Silent Retreat

Rita Winters

The story of one burned-out advertising executive's silent retreat in the Sonoran desert, this heart-felt diary of 15 days in the desert chronicles her inner journey from a comfortable life to starting over in midlife.

PB 9780824521332 £18.50 January 2004 Crossroad Publishing Company 224 pages 210x135mm



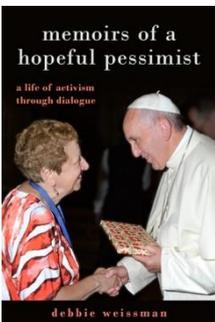
Live From Mongolia

From Wall Street Banker to Mongolian News Anchor

Patricia Sexton

In 2006, author Patricia Sexton set out on a journey most of us have only fantasised about. She quit her job to pursue her dream. Thirty years old and a rising star at a Wall Street investment bank, Patricia wanted nothing more than to work as a foreign correspondent. So, that is just what she did, moving to Mongolia after landing an internship at the country's national TV station. This book follows Patricia's unlikely journey from Wall Street to Ulan Bator. Not only does Patricia manage to get promoted to anchor of the Mongolian news, she also meets some unusual people following unusual dreams of their own. There is the Mongolian hip-hop star who worked in London restaurants to make his dream come true or the French corporate exec now tracking endangered horses in the steppe. All this while Patricia is living with Mongolian Mormons, camping with nomads in the Gobi desert, and even crashing Genghis Khan's 800th anniversary party. But of course Patricia has her fair share of stumbles, including a brief return to Wall Street -- even after meeting with the president of CNN. Live from Mongolia is the story of this ongoing journey -- from a corporate career to a dream job Patricia had not imagined she would land.

PB 9780825307973 £14.50 December 2016 Beaufort Books 246 pages 230x155mm



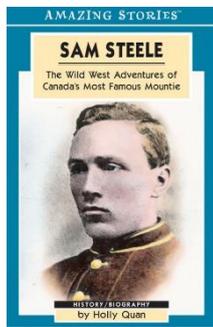
Memoirs of a Hopeful Pessimist

A Life of Activism through Dialogue

Debbie Weissman

For many people, "observant Jew", "feminist" and "interfaith pioneer" are not necessarily words they would put together in the same sentence. And yet, in this book each is a vitally important aspect of a dynamic and passionate life. Between 2008 and 2014, Weissman broke new ground by serving two terms as the first Jewish woman president of the International Council of Christians and Jews (ICCJ). On her quest to do interfaith work, she tells about meeting people from other religions and the unique friendships that ensue. Weissman does not have a ringside seat to history; she is in the ring itself, having created institutions and movements in areas such as interfaith relations, women's education, Israeli peace initiatives, a new prayer community, and much more. Her engaging journey -- related with humour, grace, and style -- discovers meaning and hope in the life of a pessimist.

HB 9789655242652 £23.99 February 2017 Urim Publications 160 pages 230x155mm

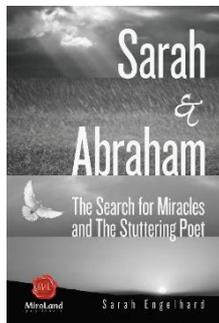


Sam Steele
The Wild West Adventures of Canada's Most Famous Mountie
(Amazing Stories Series)

Holly Quan

Once or twice in our lives, some of us are lucky enough to witness or even to participate in an event of historical importance. Sam Steele made a career of it. During the pioneering years of the Canadian West, Sam Steele was not only present but took an active role in virtually every significant historical event. Sam Steele was an adventurer and a heroic figure who commanded awe and respect. He just did the right thing, at the right time and in the right place.

PB 9781551539973 £7.99 January 2003 Altitude Publishing 113 pages 215x140mm



Sarah & Abraham
The Search for Miracles & the Stuttering Poet

Sarah Engelhard

This is a stranger than fiction account of a woman's reach for miracles and her conflicted love for Montreal poet, Avi Boxer. It is a gripping tale of experiences that includes magic, sometimes black, by way of the captivating and devilish poet who played magician. The sacred and profane blurred in boundary, as did the very definition of morality, blessing and curse. Sarah's emotional and spiritual journey, beginning with her escape from Nazi France, is animated with plot twists of biblical proportion, peppered with equal parts wit and profundity.

PB 9781771831260 £19.50 September 2016 Guernica Editions 350 pages 230x155mm

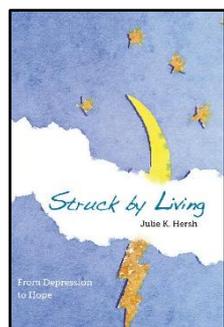


Saved From Enlightenment
The Memoir of an Unlikely Devotee

Tarini Bauliya

A memoir of one woman's life viewed through the lens of her relationship with her spiritual teacher of over 20 years. Her candid, touching and humorous stories are told in a voice that is authentic, wry and irreverent, yet always coloured with the note of longing for God that characterised her quest for something "real" from earliest childhood. As she elaborates on various stepping stones and stumbling blocks encountered on her journey -- including the birth of her son, several failed relationships and her wild and highly successful ride as a national sales executive -- her stories uniquely parallel the steps of any traditional spiritual path aimed at human transformation. They also help to dispel the myths and expose the assumptions about "enlightenment" -- and other fantasy solutions to the hard work of simply being human -- that are so common on "the Path". She does this by shedding an honest, heart-felt light on the real gifts and graces of her soul's journey -- a teaching of profound wisdom, a community of other dedicated devotees, and a guru who would not let her settle for less than her own intrinsic goodness. The author received this spiritual name from her guru -- the American Baul master Lee Lozowick -- at her own request. A few years into her 20+-year apprenticeship with him, she was ready to make a serious break with her past and to enter into a relationship of dedicated spiritual practice and service. Her request for a new name (it translates loosely as "Mad Wind Friend") was symbolic of that transformational leap of faith. In his company, she candidly admits, she found an access point toward fulfilment of her hunger for God. Lee Lozowick (1943-2010) was an iconoclast and founder of the Western Baul path. He was the lyricist and lead singer in a rock band and a blues band, and led his troupe all over the States, Europe and India, sharing his "work-rock" music in street festivals and concert halls for over 20 years. When Tarini stumbled into his company, his effect on her life was both confronting and transformational. In the end, she reports, she was "saved from enlightenment" among other invaluable treasures, by the grace of God and skilful means of a worthy teacher. Other seekers, on any spiritual path, will find here a story that can leave a smile, a question, and a small wound on a tender heart. Her words will rekindle the longing that so many feel for a connection to their own deepest truth.

PB 9781942493075 £18.99 December 2016 Hohm Press 192 pages 215x140mm

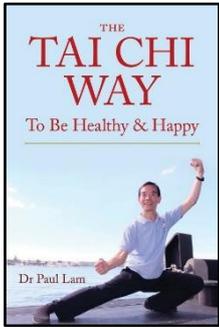


Struck By Living
From Depression to Hope

Julie Hersh

This is a story of hope. My book about my personal experience with clinical depression reads like a fast-paced novel, with characters that charm and frustrate. The content is tough, but the story difficult to abandon. My book also relates my search for identity. After leaving the business world to care for small children and aging grandparents, as well as adapting to a culture far different from that of my upbringing, I evaporated into my surroundings, no longer sure of who I was. What was my purpose? What did I want? These questions cratered me, setting in motion my genetic tendency for depression. Most people answer these questions without a tour of the psychiatric ward, but my road was bumpy -- the psychiatric ward was only one of many stops. Each time I speak about my experience, I find people are often one step removed from the devastation of mental illness or even suicide. Stories about mothers, fathers, brothers, sisters, spouses, and children all make me wonder: Could we have stopped those deaths? If we are more aware, can we see the signs earlier and save a life? I think we can. In that belief, I offer my story. Proceeds from this book will be donated to programs and research to battle mental illness.

PB 9781626344075 £18.99 March 2011 Greenleaf Book Group 248 pages 230x155mm



Tai Chi Way **To Be Healthy & Happy**

Paul Lam

In 1948, Dr Paul Lam's mother left him in the care of his grandmother in China. Ten months old at the time, Dr Lam -- whose given Chinese name is Bon Trong, meaning "born to be strong" -- grew up under the cruel Communist regime of Mao Zedong and nearly perished during the Great Famine. After escaping from China, studying in Hong Kong, and finally settling in Australia, Dr Lam won a scholarship to study medicine. Malnutrition left Dr Lam with severe osteoarthritis. He found that tai chi not only helped him manage the condition, the ancient practice improved every aspect of his life. Dr Lam's burning passion to help others led him to create the Tai Chi for Health programs, where he combined his Western and Chinese medical knowledge with modern teaching methods. More than five million people worldwide practice his Tai Chi for Health programs. This is Paul's story, told with passion and vivid detail.

PB 9781925265262 £19.50 March 2017 Wilkinson Publishing 164 pages 210x140mm colour photos



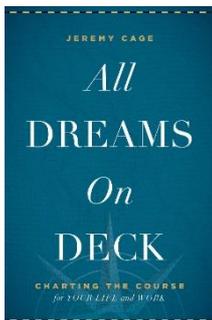
Where It Hurts

Sarah de Leeuw

This is a highly-charged collection of personal essays, haunted by loss, evoking turbulent physical and emotional Canadian landscapes. Sarah de Leeuw's creative non-fiction captures strange inconsistencies and aberrations of human behaviour, urging us to be observant and aware. The essays are wide in scope and exposing what -- and who -- goes missing. With staggering insight, Sarah de Leeuw reflects on missing geographies and people, including missing women, both those she has know and those whom she will never get to know. The writing is courageously focused, juxtaposing places and things that can be touched and known -- emotionally, physically, psychologically -- with what has become intangible, unnoticed, or actively ignored. Throughout these essays, de Leeuw's imagistic memories are layered with meaning, providing a survival guide for the present, including a survival that comes with the profound responsibility to bear witness.

PB 9781926455846 £17.50 March 2017 Newest Press 202 pages 215x140mm

BUSINESS & ECONOMICS

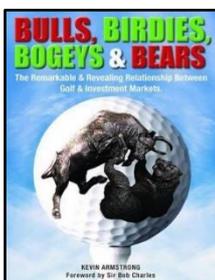


All Dreams on Deck **Charting the Course for Your Life & Work**

Jeremy Cage

Set sail for the adventure of your life and work! This book will help you to articulate your most important dreams in work and life and will then give you a practical approach for realising those dreams. Through engaging, real-life examples, you will be inspired to live life to your full potential. Author Jeremy Cage begins with the premise that there is no such thing as work-life balance. There is only life balance -- of which work is an important part. With this as the foundation, he will guide you through a simple and actionable approach to determining the most important components of your life -- the Grab Bags in your LifeBoat -- then chart the course to making all the dreams in that LifeBoat a reality. Jeremy, who has lived and worked in nine countries, has used this approach to help thousands of executives, managers, and their teams unleash their potential. He has also realised his own dreams by taking a sixteen-month sabbatical to sail around the world with his family before returning to the US to launch several exciting new companies. So rather than theoretical mumbo jumbo, Jeremy presents compelling, real-life examples of how to dream specifically, get highly intentional about those dreams, plan and prepare well -- then summon the courage to set sail.

HB 9781626343382 £18.99 January 2017 Greenleaf Book Group 184 pages 215x140mm

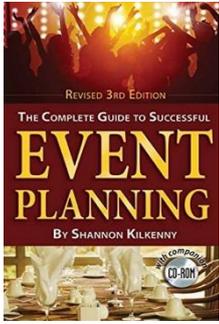


Bulls, Birdies, Bogeys & Bears **The Remarkable & Revealing Relationship Between Golf & Investment Markets**

Kevin Armstrong, Bob Charles

What is the unique and powerful connection between golf and investment markets? Why have the pulses of two totally separate activities, golf and investing, been so synchronised and connected, not just in modern times but throughout history, and in a manner not found in any other...

HB 9781921804960 £26.99 August 2013 Wilkinson Publishing 328 pages 235x170mm

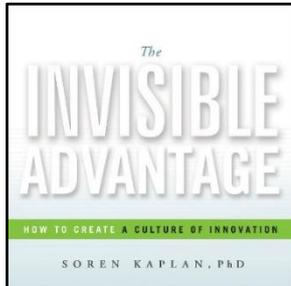


Complete Guide to Successful Event Planning

Shannon Kilkeny

Book & CD. Gathering people together for a special event is always a challenge. Even for the experienced planner, each event is unique. This revised third edition has been expanded to include the following topics: Social Media; Social Networking; Cultural Sensitivity; Ethics; Diversity. The guide is designed to assist any planner with meeting all the challenges that surround a production. Whether you find yourself in charge of one important event or you have chosen event planning as a career, you want your events to be incredibly successful and remembered for years to come. A memorable event is one that flows smoothly with every detail carefully orchestrated and meticulously produced with the participant in mind. Successful events do not just fall together; they are the result of hard work, creativity, awareness, and careful attention to detail -- every detail.

PB 9781620231562 £38.50 March 2017 Atlantic Publishing Group, Inc 380 pages 230x155mm b/w illus



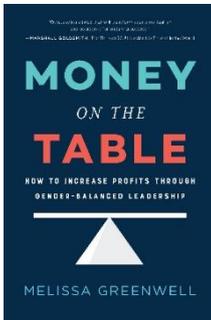
Invisible Advantage

How to Create a Culture of Innovation

Soren Kaplan

This book details how any organisation can create a culture of innovation -- an environment that promotes freethinking, an entrepreneurial spirit, and sustainable value creation at all levels and across all functions. This book is not just about the importance of an innovation culture, nor how to emulate the "innovation untouchables" like Google and Apple. It is a complete tool kit that anyone can use to uncover the unique, hidden drivers of innovation and then introduce fresh, intuitive approaches tailored to their organisation's specific environment.

HB 9781626343214 £17.50 January 2017 Greenleaf Book Group 144 pages 165x165mm



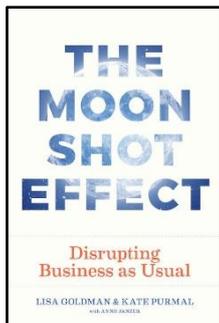
Money on the Table

How to Increase Profits Through Gender-Balanced Leadership

Melissa Greenwell

If our executive suites and boardrooms are not gender-balanced, we are throwing money away! The shortage of women in boardrooms and executive suites means companies are missing out on the best solutions, products, and services -- and on having the type of workplace that will attract the best workers. Gender imbalance is a serious problem in companies, and the cost is significant -- but it is a problem we can solve. Melissa Greenwell challenges leaders in a no-blame, logical approach to bring more female talent into leadership positions for one simple reason: Their companies will make more money if they do. Leaders of gender-balanced companies profit from differences in the female brain responsible for questioning, debate, idea-generation, and problem solving, and those companies see increased performance and healthier strategies and tactics. Greenwell deftly demystifies gender imbalance, making it a topic we can discuss without fearing perceptions of favouritism or sexism. This book is destined to become the go-to book for CEOs and their leadership teams, boards of directors, and top HR leaders.

HB 9781626343696 £20.99 January 2017 Greenleaf Book Group 184 pages 215x140mm



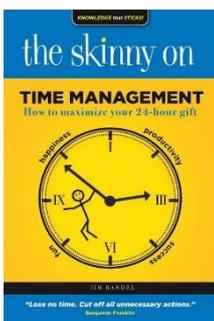
Moonshot Effect

Disrupting Business as Usual

Kate Pural, Lisa Goldman, Anne Janzer

What is the best way to transform teams, elevate leaders and catapult careers? Launch a Moonshot -- a game-changing project that disrupts business as usual. Drawing on the seminal 1961 Moonshot story of President Kennedy as well as real-life stories from the authors' work, The Moonshot Effect steps you through the elements of a successful moonshot, from assembling a high performance team, selling your vision and executing the plan. A must-read for leaders and includes 24 critical practices that are not only essential to leading and managing a successful moonshot, but can benefit executives and entrepreneurs on a daily basis. With Lisa and Kate as your guides, you will be ready to launch your own moonshot. Pural and Goldman were members of extraordinary moonshot teams early in their careers and have since inspired, led or guided countless moonshot projects.

HB 9780972964319 £25.99 June 2016 Greenleaf Book Group 288 pages 235x160mm



Skinny on Time Management

How to Maximize Your 24-Hour Gift

Jim Randel

Time. We never seem to have enough of it. Time for all the stuff we need to do -- and want to do! Everything seems to get in the way! Entrepreneur and award-winning author, Jim Randel, and this team of writers share their research and experiences in this comprehensive and humorous overview of the subject of time. This is a thought-provoking analysis of the one resource we never have enough of: time. Presented with simple illustrations making this title a delight to read, the one hour it takes you to read "The Skinny On Time Management" will be the best investment you ever make! Learn how to: Beat back the impulse to procrastinate; Focus, focus, focus; Improve your memory + speed reading; "multi-task"; Create a time journal; Triumph over distractions; Create a goals-step-time analysis; Make the most of gaps in your day; Make powerful + impactful use of your time; Prioritise; Batch for effectiveness; Execute on the 80-20 rule.

PB 9781925265460 £19.50 March 2017 Wilkinson Publishing 164 pages 210x140mm



5 in 1 Pegasus Adventure Stories

Pegasus

Birth to 3 years. Stories never fail to appeal to children. This board books series have five stories in each book that include bedtime stories, classics, fairy tales and few more. The famous tales are an interesting bedtime read and parents will get to spend alone time with their children.

Boardbook 9788131934272 £3.95 March 2017 B Jain Publishers Pvt Ltd 10 pages 215x135mm colour illus

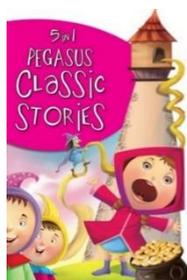


5 in 1 Pegasus Bedtime Stories

Pegasus

Birth to 3 years. Stories never fail to appeal to children. This board books series have five stories in each book that include bedtime stories, classics, fairy tales and few more. The famous tales are an interesting bedtime read and parents will get to spend alone time with their children.

Boardbook 9788131934289 £3.95 March 2017 B Jain Publishers Pvt Ltd 10 pages 215x135mm colour illus



5 in 1 Pegasus Classic Stories

Pegasus

Birth to 3 years. Stories never fail to appeal to children. This board books series have five stories in each book that include bedtime stories, classics, fairy tales and few more. The famous tales are an interesting bedtime read and parents will get to spend alone time with their children.

Boardbook 9788131934296 £3.95 March 2017 B Jain Publishers Pvt Ltd 10 pages 215x135mm colour illus

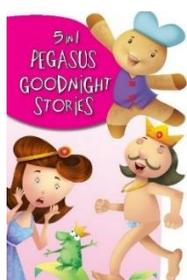


5 in 1 Pegasus Fairy Tales

Pegasus

Birth to 3 years. Stories never fail to appeal to children. This board books series have five stories in each book that include bedtime stories, classics, fairy tales and few more. The famous tales are an interesting bedtime read and parents will get to spend alone time with their children.

HB 9788131934302 £3.95 March 2017 B Jain Publishers Pvt Ltd 10 pages 215x135mm colour illus



5 in 1 Pegasus Goodnight Stories

Pegasus

Birth to 3 years. Stories never fail to appeal to children. This board books series have five stories in each book that include bedtime stories, classics, fairy tales and few more. The famous tales are an interesting bedtime read and parents will get to spend alone time with their children.

HB 9788131934340 £3.95 March 2017 B Jain Publishers Pvt Ltd 10 pages 215x135mm colour illus

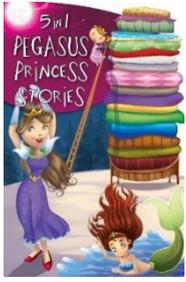


5 in 1 Pegasus Magical Stories

Pegasus

Birth to 3 years. Stories never fail to appeal to children. This board books series have five stories in each book that include bedtime stories, classics, fairy tales and few more. The famous tales are an interesting bedtime read and parents will get to spend alone time with their children.

Boardbook 9788131934333 £3.95 March 2017 B Jain Publishers Pvt Ltd 10 pages 215x135mm

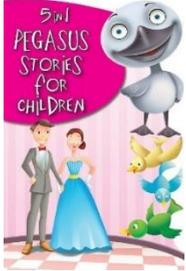


5 in 1 Pegasus Princess Stories

Pegasus

Birth to 3 years. Stories never fail to appeal to children. This board books series have five stories in each book that include bedtime stories, classics, fairy tales and few more. The famous tales are an interesting bedtime read and parents will get to spend alone time with their children.

Boardbook 9788131934326 £3.95 March 2017 B Jain Publishers Pvt Ltd 10 pages 215x135mm colour illus



5 in 1 Pegasus Stories for Children

Pegasus

Birth to 3 years. Stories never fail to appeal to children. This board books series have five stories in each book that include bedtime stories, classics, fairy tales and few more. The famous tales are an interesting bedtime read and parents will get to spend alone time with their children.

Boardbook 9788131934319 £3.95 March 2017 B Jain Publishers Pvt Ltd 10 pages 215x135mm colour illus



Beauty & the Beast

Pegasus

Ages 3 to 6 years. This is the classic fairy tale about how a girl fell in love with a beast, and helps him end the curse. This princess book has been presented in a die-cut format with lots of colourful pictures.

PB 9788131931363 £3.00 January 2016 B Jain Publishers Pvt Ltd 12 pages 315x240mm



Cinderella

Pegasus

Ages 3 to 6 years. Story of princesses are among the favourites of children. They love the colours and the grand lifestyle they live. Children imagine to be in that situation and fight the adverse. This book is the story of Cinderella. She was one of the commoner who wished to go to the royal ball for one night. That night turned into her one of the most amazing days.

PB 9788131931370 £3.00 January 2016 B Jain Publishers Pvt Ltd 12 pages 315x240mm colour illus



Fall of the Dragon Prince (Forgotten Heirs Trilogy)

Dan Allen

Toran joined the five realms and tied their destinies to the survival of his secret heirs. But the king is now dead and his enemies gather. Reann, a serving girl and self-appointed librarian of Toran's estate, has a chance to unravel the greatest mystery in the realm. On the other side of the kingdom, Terith and the other dragon riders fight to stop the invasion that would mean the fall of the empire. In this cross-country dragon race, Terith faces a black-hearted traitor with even darker purposes, to win the kingdom and the heart of the woman he loves. One rider will fall; one fate will rise.

PB 9781631630866 £17.50 February 2017 Jolly Fish Press 380 pages 210x140mm



Frog Prince

Pegasus

Ages 3 to 6 years. Shaped books are designed with fine and detailed images which make the design of the book more attractive. This princess book has been presented in a die-cut format with lots of colourful pictures. Frog Prince tells the story of a prince who has to break his curse to come to the human form.

PB 9788131931387 £3.00 January 2016 B Jain Publishers Pvt Ltd 12 pages 315x240mm colour illus

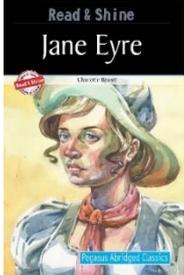


Ghost Stories for 365 Days

Pegasus

Ages 3 to 6 years. Everyone is afraid of the ghost but still never miss a chance to read and hear about them. In this book, we have selected some amazing ghost stories from around the world and written in an easy language for our readers.

HB 9788131932971 £22.50 March 2017 B Jain Publishers Pvt Ltd 200 pages 285x240mm illus



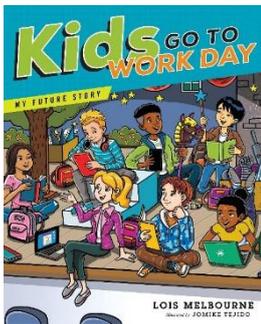
Jane Eyre

(Read & Shine Series)

Charlotte Brontë

Ages 9 to 12 years. These Stories have been retold in a lucid style and the language has been modernised for better understanding. Supportive illustrations to help understand the story.

PB 9788131936856 £5.25 January 2017 B Jain Publishers Pvt Ltd 167 pages 215x140mm b/w illus

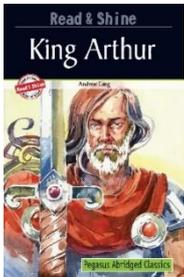


Kids Go to Work Day

Lois Melbourne

Let's look for careers on a field trip of our own! In this book you will join students exploring possible careers as they take charge of their own version of Take Your Sons and Daughters to Work Day. They plan and go on fun field trips to companies that have jobs that match their particular interests. A culinary school shares career options in the restaurant and food service industry. A trip to a non-profit shows the students how its unique jobs help people in need. Join the students as they visit a candy factory and a publishing company, where they find out that the candy business and fashion and car magazines have loads of different jobs the students had no idea about before. The girls and boys come away enthusiastic and full of inspiration on how to respond to "What do you want to be when you grow up?" As an entrepreneur and CEO of a talent management software company, Lois Melbourne loved her career, and especially loved spending time connecting with people, mentoring, and selling software. Now on to a new passion, Melbourne has created "My Future Story", a book series for students exploring their exciting and almost limitless career opportunities. Growing up in rural Missouri, Melbourne experienced first-hand the lack of career education and direction. Working with people around the world and in every industry, she saw the powerful impact of people choosing careers they really enjoyed.

HB 9781626343863 £15.50 October 2016 Greenleaf Book Group 36 pages 260x205mm illus



King Arthur

(Read & Shine Series)

Pegasus

Ages 9 to 12 years. The Stories have been retold in a lucid style and the language has been modernized for better understanding.

PB 9788131936764 £5.25 January 2017 B Jain Publishers Pvt Ltd 144 pages 215x140mm



Rapunzel

Pegasus

Ages 3 to 6 years. This classic tale of a lost princess held up in a tower has captured the hearts of children everywhere. Once upon a time, there was a beautiful princess named Rapunzel. She was locked in a tall tower waiting for her prince to come. Read to know how the prince rescues her.

PB 9788131931394 £3.00 January 2016 B Jain Publishers Pvt Ltd 12 pages 315x240mm colour illus



Sleeping Beauty

Pegasus

Ages 3 to 6 years. Sleeping Beauty is the story of a princess who was cursed, which led her into a deep sleep. She could now wake up only with the help of her true love. Story of princesses are among the favourites of children. They love the colours and the grand lifestyle they live.

PB 9788131931356 £3.00 January 2016 B Jain Publishers Pvt Ltd 12 pages 315x240mm colour illus



Snow White & the Seven Dwarfs

Pegasus

Ages 3 to 6 years. Snow White is a beautiful princess but the circumstances forced her to move in the forest and stay with seven dwarfs. The dwarfs being very kind, let her stay with them and also protects her from her evil step-mother.

PB 9788131931400 £3.00 January 2016 B Jain Publishers Pvt Ltd 12 pages 315x240mm colour illus

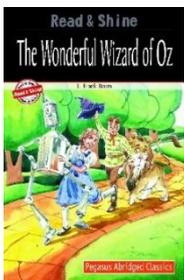


Vehicles (A to Z Learning Series)

Pegasus

Ages birth to 3 years. This book is aimed at teaching children how to recognise different vehicles. The book helps the child to easily learn and understand the kinds of vehicles and recognise images.

PB 9788131934616 £5.25 March 2017 B Jain Publishers Pvt Ltd 16 pages 210x130mm colour photos



Wonderful Wizard of Oz (Read & Shine Series)

L Frank Baum

Ages 9 to 12 years. These Stories have been retold in a lucid style and the language has been modernised for better understanding. Supportive illustrations to help understand the story.

PB 9788131937006 £5.25 January 2017 B Jain Publishers Pvt Ltd 120 pages 215x140mm b/w illus

CHILDREN'S NON-FICTION

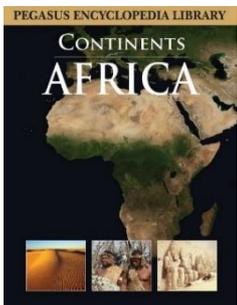


365 Adventure Stories

Pegasus

Ages 3 to 6 years. Adventure, mystery and excitement; stories in this book would not let readers keep it down without finishing the whole book. Stories are selected especially for our young readers and written in a simple language. Colourful pictures support the stories and make the children feel connected with the stories.

HB 9788131934074 £22.50 January 2017 B Jain Publishers Pvt Ltd 200 pages 285x220mm

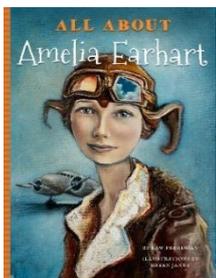


Africa (Pegasus Encyclopedia Library Series)

Pegasus

Ages 9 to 12 years. If you wish to travel through all the continents and the countries located on it, then these encyclopaedias are for you! Full of colourful pictures and interesting facts, each encyclopaedia is a reader's delight.

PB 9788131913260 £4.50 January 2017 B Jain Publishers Pvt Ltd 31 pages 280x215mm colour illus

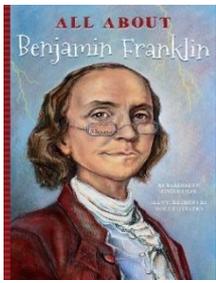


All About Amelia Earhart

Lew Freedman

Ages 9 to 13 years. Amelia Earhart was a pioneer pilot and was known as the best aviator of her time. This was very rare for a woman. She was a daring and skilful woman. Because of her courage, she broke flight records of speed and distance. One of her greatest achievements was in 1932, when she became the first female pilot to fly solo across the Atlantic Ocean. She achieved this success during a time when people believed that piloting was only for men.

PB 9781681570860 £5.99 December 2016 Blue River Press 128 pages 195x135mm 55 b/w illus

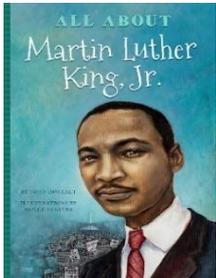


All About Benjamin Franklin

Elizabeth Zuckerman, Molly Dykstra

Ages 9 to 13 years. As one of America’s most versatile of the Founding Fathers, Benjamin Franklin began his career in his brother s printing press. He was known for his great printing skills. He ran and wrote articles for The New England Courant, the first “newspaper” in Boston. Running the Courant showed Ben that he could handle the responsibility or running a press without the help of his brother, James. He is credited with the creation of Poor Richard s Almanac. Ben Franklin’s daring scientific discoveries which included the conductivity of electricity, performed by flying a kite in a storm, progressed society significantly. We still use some of his inventions today like bifocals, lightning rods, and the American public library system.

PB 9781681570921 £5.99 December 2016 Blue River Press 128 pages 195x135mm 50 b/w illus

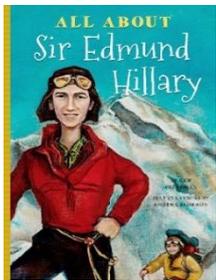


All About Dr Martin Luther King

Todd Outcalt, Molly Dykstra

Ages 9 to 13 years. Dr Martin Luther King, Jr was one of the most influential leaders in American history. After completing his studies as a young adult, he began leading Civil Rights marches and giving powerfully influential speeches to Americans such as his ‘I Have a Dream’ speech. Martin’s hope was that all Americans would come together to work for freedom and equality. Through struggles and oppositions, Martin transformed his dream of equality into a law of equality and integration. Martin Luther King, Jr changed the course of history and the lives of millions of Americans, his influence is still felt today and he is forever regarded as an American hero.

PB 9781681570914 £5.99 December 2016 Blue River Press 128 pages 195x135mm 49 b/w illus



All About Sir Edmund Hillary

Lew Freedman

Ages 9 to 13 years. Explorer and adventurer, Sir Edmund Hillary, spent his life climbing the tallest mountains in the world. He loved to explore and that passion would lead to great accomplishments. In 1953, Sir Edmund Hillary and his Sherpa climbing partner, Tenzing Norgay, reached the top of Mount Everest, the tallest mountain in the world. No one before them had succeeded, in reaching the peak. Edmund and Tenzing were credited with being the first people on Earth to conquer Mount Everest. After his adventures, he established the Himalayan Trust to donate money to the impoverished country of Nepal to build schools and hospitals.

PB 9781681570877 £5.99 December 2016 Blue River Press 128 pages 195x135mm 65 b/w illus

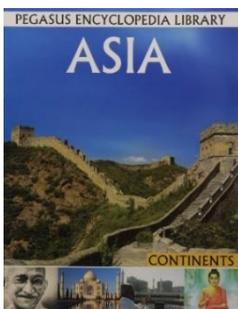


Animal Phantoms True Ghost Stories (Haunted Kids Series)

Barbara Smith

Kids encounter all kinds of animal ghosts in this spirited debut volume. Some involve pets, others involve wild animals, but all are based on fact and very, very scary! When a fishtank comes mysteriously to life, a boy struggles to convince his parents of the danger... The ghost of a dead puppy reminds a preteen of her special childhood bond... While on a European tour, a group of foolhardy kids chide the locals for their superstitions -- only to be attacked by a swarm of ghostly birds of prey...

PB 9781894877527 £7.99 August 2004 Ghost House Publishing 144 pages 190x135mm illus

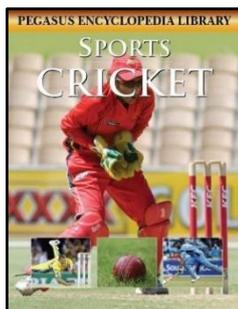


Asia (Pegasus Encyclopedia Library Series)

Pegasus

Ages 9 to 12 years. If you wish to travel through all the continents and the countries located on it, then these encyclopaedias are for you! Full of colourful pictures and interesting facts, each encyclopaedia is a reader's delight.

PB 9788131913307 £4.50 March 2017 B Jain Publishers Pvt Ltd 32 pages 280x215mm colour photos

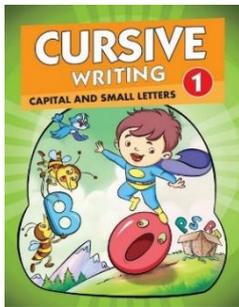


Cricket Sports (Pegasus Encyclopedia Library Series)

Pegasus

Ages 6 to 9 years. This series on Sports is one of the most unique among all the categories. It gives ample knowledge on Football, Golf, Basketball, Tennis and Cricket. Each book tells about the origin of the same, its rules and the people who have excelled in each of them.

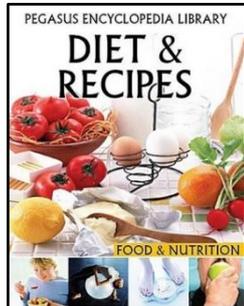
PB 9788131913475 £4.50 January 2017 B Jain Publishers Pvt Ltd 32 pages 280x215mm colour illus



Cursive Writing 1
Capital & Small Letters
Pegasus

Ages 3 to 6 years. Cursive writing or 'joined writing' is a form of writing which is highly desired in kids to make their writing beautiful and also cultivate speed while they write. This series of Cursive Writing books are specially designed to give many benefits to the child. It is a graded writing book which gradually moves from letters to sounds to words and finally to sentence. Subjects like general knowledge, phonetics and grammar are beautifully blended. The books are full of illustrations and gives ample practice to the child.

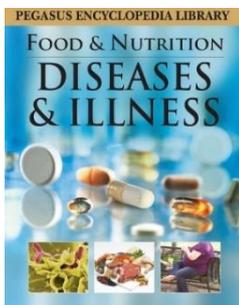
PB 9788131932308 £2.75 March 2017 B Jain Publishers Pvt Ltd 31 pages 280x215mm colour illus



Diet & Recipes
(Pegasus Encyclopedia Library Series)
Pegasus

Ages 9 to 12 years. One of the prime duties of parents and teachers is to kindle the desire for knowledge in children. Knowledge enlightens and enriches our minds and also our lives. The Pegasus Encyclopedia is a series which introduces the children to the world of information and endless knowledge. It is a splendid collection of 20 encyclopedias ranging from History, Geography, Animal World to Physics, Chemistry and Space. Each book gives detailed knowledge of the subject. Lucid language, striking photographs and creative illustrations makes each book unique and incomparable.

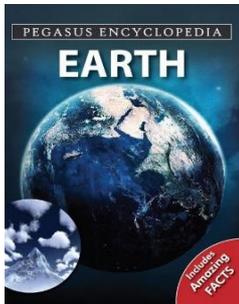
PB 9788131912362 £4.50 January 2017 B Jain Publishers Pvt Ltd 32 pages 280x215mm colour photos



Diseases & Illness
Food & Nutrition
(Pegasus Encyclopedia Library Series)
Pegasus

Ages 9 to 12 years. Food, nutrition, diseases related to food, food allergies, diet and recipes are the subject of this section. A highly useful collection of encyclopaedias which will help young readers to become conscious about food and its impact.

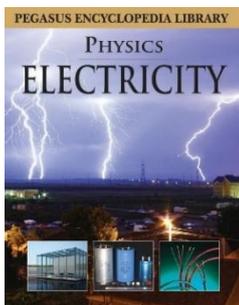
PB 9788131912379 £4.50 January 2017 B Jain Publishers Pvt Ltd 32 pages 280x215mm colour illus



Earth
Space
(Pegasus Encyclopedia Library Series)
Pegasus

Ages 9 to 12 years. What are the things that exist in space? What is the Sun, Moon and the Earth made up of? What is a Star? All such questions that kids ask have been answered here.

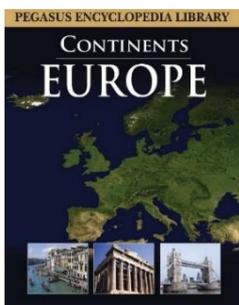
PB 9788131912867 £4.50 January 2017 B Jain Publishers Pvt Ltd 31 pages 280x215mm colour illus



Electricity
Physics
(Pegasus Encyclopedia Library Series)
Pegasus

Ages 9 to 12 years. The encyclopedia on electricity tells our young readers the story of electricity. It explains the facts surrounding the earliest discovery until the events of today.

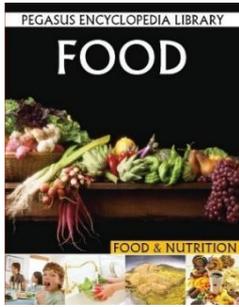
PB 9788131912461 £4.50 January 2016 B Jain Publishers Pvt Ltd 32 pages 280x215mm colour illus



Europe
(Pegasus Encyclopedia Library Series)
Pegasus

Ages 9 to 12 years. If you wish to travel through all the continents and the countries located on it, then these encyclopaedias are for you! Full of colourful pictures and interesting facts, each encyclopaedia is a reader's delight.

PB 9788131913277 £4.50 March 2017 B Jain Publishers Pvt Ltd 32 pages 280x215mm colour photos

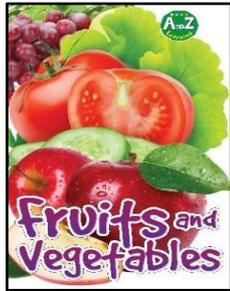


Food
(Pegasus Encyclopedia Library Series)

Pegasus

Ages 6 to 9 years. One of the prime duties of parents and teachers is to kindle the desire for knowledge in children. Knowledge enlightens and enriches our minds and also our lives.

PB 9788131912386 £4.50 January 2017 B Jain Publishers Pvt Ltd 31 pages 280x215mm colour photos

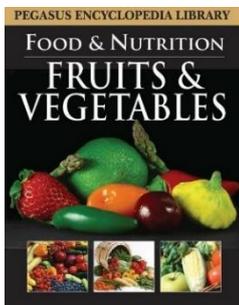


Fruits & Vegetables
(A to Z Learning Series)

Pegasus

Birth to 3 years. A to Z Learning is a series of eight board books to teach the toddlers alphabet and objects related to that alphabet. The design and colourful images will attract the child to learn more about fruits and vegetables that they eat.

Boardbook 9788131934609 £5.25 March 2017 B Jain Publishers Pvt Ltd 16 pages 215x135mm colour illus

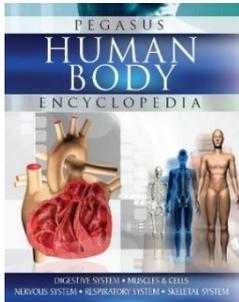


Fruits & Vegetables
Food & Nutrition
(Pegasus Encyclopedia Library Series)

Pegasus

Ages 9 to 12 years. Food, nutrition, diseases related to food, food allergies, diet and recipes are the subject of this section. A highly useful collection of encyclopaedias which will help young readers to become conscious about food and its impact.

PB 9788131912393 £4.50 January 2017 B Jain Publishers Pvt Ltd 32 pages 280x215mm colour illus

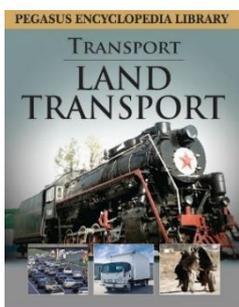


Human Body
(Pegasus Encyclopedia Series)

Pegasus

Ages 9 to 12 years. Knowledge enlightens and enriches our minds and also our lives. This section of Pegasus has a wide range of encyclopedias for children of all ages beginning from preschool kids to children of 12 to 13 years of age. All the encyclopedias are full of knowledge presented in an attractive manner.

HB 9788131914335 £21.25 January 2012 B Jain Publishers Pvt Ltd 160 pages 285x220mm colour illus

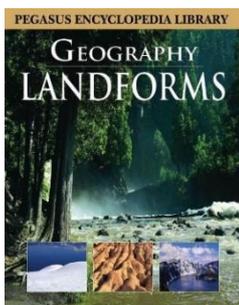


Land Transport
(Pegasus Encyclopedia Library)

Edited by Pallabi B Tomar

Ages 9 to 12 years. A Complete source of information on various types of transport like cars, trucks, sea transport air transport and land transport has been given in the category. It is enjoyable as well as educative.

PB 9788131912980 £4.50 March 2017 B Jain Publishers Pvt Ltd 32 pages 280x215mm colour photos

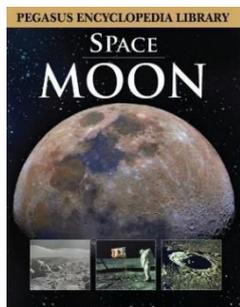


Landforms
(Pegasus Encyclopedia Library Series)

Edited by Pallabi B Tomar

Ages 9 to 12 years. This particular category focuses on our beautiful plant Earth. Replete with valuable information and amazingly beautiful photographs, these encyclopaedias will surely carve a special place in the minds of the young readers.

PB 9788131913079 £4.50 March 2017 B Jain Publishers Pvt Ltd 31 pages 280x215mm colour photos

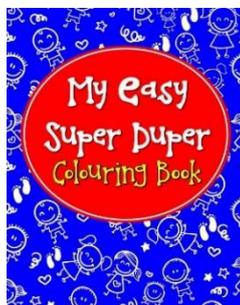


Moon
(Pegasus Encyclopedia Library Series)

Pegasus

Ages 9 to 12 years. What are the things that exist in space? What is the Sun, Moon and Earth made up of? What is a Star? All such questions that kids ask have been answered here.

PB 9788131912874 £4.50 March 2017 B Jain Publishers Pvt Ltd 31 pages 280x215mm colour photos

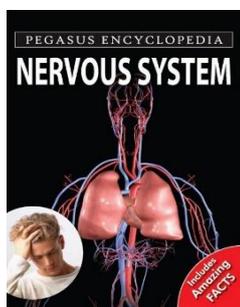


My Easy Super Duper Colouring Book

Pegasus

This colouring book is packed with beautiful pictures perfect for kids who want to explore their imagination. Their creativity will help them explore the budding artist inside them.

PB 9788131934654 £7.50 March 2017 B Jain Publishers Pvt Ltd 200 pages 280x215mm b/w illus

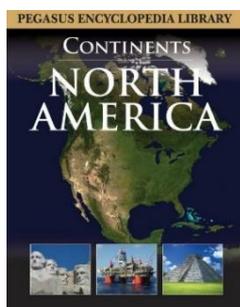


Nervous System
(Pegasus Encyclopedia Library Series)

Pegasus

Ages 9 to 12 years. Knowing and understanding your body, understanding the way it works is the theme of this category. The young readers will enjoy and acquire knowledge which will help in their academics too!

PB 9788131912287 £4.50 January 2016 B Jain Publishers Pvt Ltd 31 pages 280x215mm colour photos

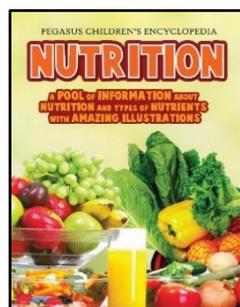


North America
(Pegasus Encyclopedia Library Series)

Pegasus

Ages 9 to 12 years. If you wish to travel through all the continents and the countries located on it, then these encyclopaedias are for you! Full of colourful pictures and interesting facts, each encyclopaedia is a reader's delight.

PB 9788131913284 £4.50 March 2017 B Jain Publishers Pvt Ltd 31 pages 280x215mm colour photos

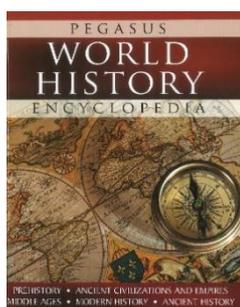


Nutrition
(Pegasus Encyclopedia Library Series)

Pegasus

Ages 9 to 12 years. Food, nutrition, disease related to food, food allergies, diet and recipes are the subject of this section. A highly useful collection of encyclopaedias which will help young readers to become conscious about food and its impact.

PB 9788131912409 £4.50 January 2017 B Jain Publishers Pvt Ltd 31 pages 280x215mm colour photos

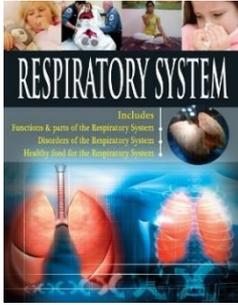


Pegasus World History Encyclopedia

Pegasus

Ages 9 to 12 years. One of the prime duties of parents and teachers is to kindle the desire for knowledge in children. Knowledge enlightens and enriches our minds and also our lives. The Pegasus Encyclopaedia is a series which introduces the children to the world of information and endless knowledge. It is a splendid collection of 20 encyclopaedias ranging from History, Geography, Animal World to Physics, Chemistry and Space. Each book gives detailed knowledge of the subject. Lucid language, striking photographs and creative illustrations makes each book unique and incomparable.

HB 9788131914472 £21.25 March 2017 B Jain Publishers Pvt Ltd 155 pages 285x220mm photos & illus

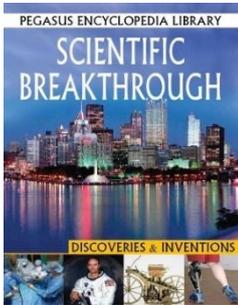


Respiratory System
(Pegasus Encyclopedia Library Series)

Pegasus

Ages 9 to 12 years. Knowing and understanding your body, understanding the way it works is the theme of this category. The young readers will enjoy and acquire knowledge which will help in their academics too!

PB 9788131912294 £4.50 January 2016 B Jain Publishers Pvt Ltd 31 pages 280x215mm colour photos



Scientific Breakthrough
Discoveries & Inventions
(Pegasus Encyclopedia Library Series)

Pegasus

Ages 6 to 9 years. This series contains encyclopedias based on Discoveries and Inventions, Space, Physics, Chemistry and Experiments. Man has evolved from ape to the modern form through thousands of years. His life is a long story of discoveries and inventions which have improved his life. Reading this category will give the children a glimpse of many such discoveries and inventions.

PB 9788131912805 £4.50 January 2016 B Jain Publishers Pvt Ltd 32 pages 280x215mm colour illus

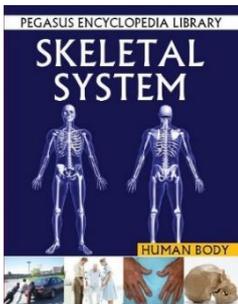


Seeking the Snow Leopard

Jon Miceler

Ages 9 years & over. Stunning photographs illustrate this first-hand account of an expedition to trap and collar an elusive and endangered snow leopard. This hopeful book will introduce young readers to the culture and ecology of the eastern Himalayas.

HB 9781943431168 £18.50 February 2017 Tumblehome Learning, Inc 48 pages 230x280mm colour photos

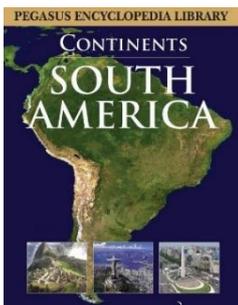


Skeletal System
(Pegasus Encyclopedia Library Series)

Pegasus

Ages 9 to 12 years. Knowing and understanding your body, understanding the way it works is the theme of this category. The young readers will enjoy and acquire knowledge which will help in their academics too!

PB 9788131912300 £4.50 January 2016 B Jain Publishers Pvt Ltd 31 pages 280x215mm colour photos

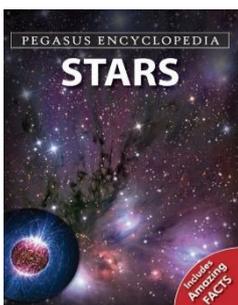


South America
(Pegasus Encyclopedia Library Series)

Pegasus

Ages 9 to 12 years. If you wish to travel through all the continents and the countries located on it, then these encyclopaedias are for you! Full of colourful pictures and interesting facts, each encyclopaedia is a reader's delight.

PB 9788131913291 £4.50 March 2017 B Jain Publishers Pvt Ltd 31 pages 280x215mm colour photos

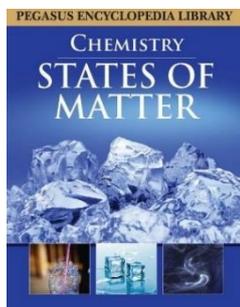


Stars
(Pegasus Encyclopedia Library Series)

Pegasus

Ages 9 to 12 years. What are the things that exist in space? What is the Sun, Moon and Earth made up of? What is a Star? All such questions that kids ask have been answered here.

PB 9788131912881 £4.50 March 2017 B Jain Publishers Pvt Ltd 31 pages 280x215mm colour photos



States of Matter
Chemistry
(Pegasus Encyclopedia Library Series)

Pegasus

Ages 9 to 12 years. Back in the days, there were only three states of matter, which were the solid phase, the liquid phase and the gaseous phase. Many a time studying from the prescribed text books becomes a little monotonous for children. This series of encyclopaedias based on the concepts of Chemistry has been framed to educate children in a colourful and enjoyable way.

PB 9788131912607 £4.50 January 2016 B Jain Publishers Pvt Ltd 31 pages 280x215mm colour illus

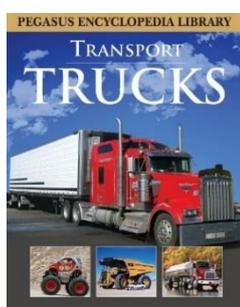


Sun
(Pegasus Encyclopedia Library Series)

Pegasus

Ages 9 to 12 years. What are the things that exist in space? What is the Sun, Moon and Earth made up of? What is a Star? All such questions that kids ask have been answered here.

PB 9788131912898 £4.50 January 2016 B Jain Publishers Pvt Ltd 31 pages 280x215mm colour photos

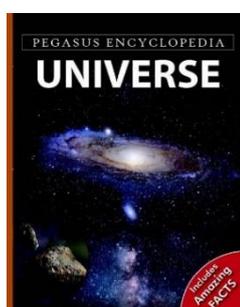


Trucks
(Pegasus Encyclopedia Library Series)

Pegasus

Ages 9 to 12 years. A complete source of information on various types of transport like cars, trucks, sea transport, air transport and land transport has been given in this category. It is enjoyable as well as educative.

PB 9788131913000 £4.50 March 2017 B Jain Publishers Pvt Ltd 31 pages 280x215mm colour photos

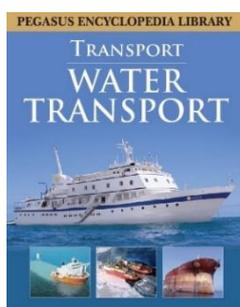


Universe
(Pegasus Encyclopedia Library Series)

Edited by Pallabi B Tomar

Ages 9 to 12 years. What are the things that exist in space? What is the Sun, Moon and Earth made up of? What is a Star? All such questions that kids ask have been answered here.

PB 9788131912904 £4.50 March 2017 B Jain Publishers Pvt Ltd 31 pages 280x215mm colour photos

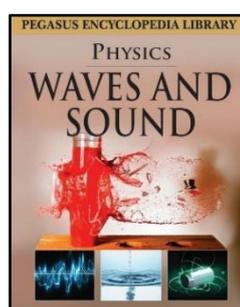


Water Transport
(Pegasus Encyclopedia Library Series)

Edited by Pallabi B Tomar

Ages 9 to 12 years. A Complete source of information on various types of transport like cars, trucks, sea transport air transport and land transport has been given in the category. It is enjoyable as well as educative.

PB 9788131912997 £4.50 March 2017 B Jain Publishers Pvt Ltd 31 pages 280x215mm colour photos

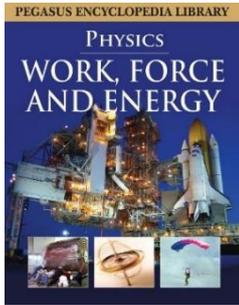


Waves & Sound
Physics
(Pegasus Encyclopedia Library Series)

Pegasus

Ages 9 to 12 years. The idea behind this category of encyclopedias is to give knowledge about the concepts of Physics in an enjoyable manner. It is a refreshing change for the young readers to learn Physics in a manner they would like to!

PB 9788131912485 £4.50 January 2016 B Jain Publishers Pvt Ltd 32 pages 280x215mm colour illus

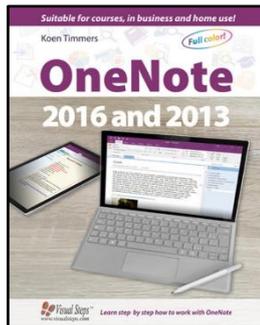


Work, Force & Energy
Physics
(Pegasus Encyclopedia Library Series)
Pegasus

Ages 9 to 12 years. There are so many different kinds of energies; even the way we write, we talk we hear, we walk, needs some kind of energy to perform these actions. Not only the living things but the non-living things like machines and all require energy to perform the given work. The energy can be converted from one form to another while we perform all this actions. This encyclopedia will put a focus on the work, force and energy which exists and the cause and effects of these. The facts are well researched and presented with quality pictures for our young readers.

PB 9788131912508 £4.50 January 2016 B Jain Publishers Pvt Ltd 32 pages 280x215mm colour illus

COMPUTING

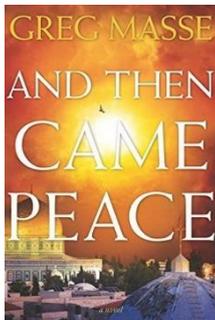


OneNote 2016 & 2013
(Computer Books Series)
Koen Timmers

Type or draw notes and gather all important data, such as files, images and hyperlinks all in one place. OneNote allows you to arrange the information into an organised whole (called a notebook). Gone is the frustrating task of trying to assemble information from a variety of different places such as your PC, tablet or even memo notes. You can begin a note with OneNote on your PC and work on it further with your tablet or smartphone. All the edits you make are automatically updated and can be viewed on all devices. This versatile application can be used at work or at school and is ideal for use during meetings and brainstorming sessions. You can also share a notebook easily with others, which makes OneNote an excellent collaborative tool for teams and projects. In this step-by-step book with numerous screenshots, you will get acquainted with the main features of this handy and useful program. OneNote is well suited for use in an educational environment for both teachers and students. The book also provides several tips for educational use. Topics include: Create documents, add content and links to files; Capture and draw in OneNote; Customise the user interface; Add password protection, share and print; OneNote on a tablet; Tips for educational use. Suitable for OneNote 2016 and 2013 or OneNote through an Office 365 subscription, on a PC or tablet.

PB 9789059054639 £23.99 February 2017 Studio Visual Steps 240 pages 255x195mm

FICTION



And Then Came Peace
Greg Masse

Peace finally seems within reach -- until an assassin's sudden, violent attack in Jerusalem's Old City thrusts Christians, Jews, and Muslims into escalating acts of revenge and terrorism. When disciples of each culture mete out their own justice, the world is paralysed by the news of airplanes falling from the sky, bombs levelling ancient holy sites, and nations on the verge of war. As chaos reigns, one person is chosen to stop the bloodletting, instil brotherhood among all religions, and establish international goodwill. Hospitalised, near death, and with the love of his life holding vigil at his side, he must embrace a journey toward enlightenment. During his encounters with the prophets of our past, the reluctant hero learns that the world's religions share many universal beliefs and truths and that these should serve humankind as forces of unity rather than of division. With his enlightenment complete and armed with powerful knowledge, the humbled messenger must accept his dangerous destiny and attempt to change the hearts of minds of others. Only then can he pull a world gone mad back from the brink of self-annihilation. But can he keep the one he loves most?

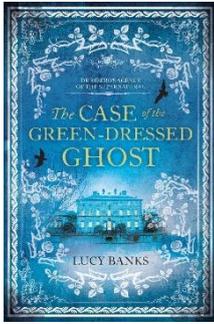
PB 9780989451307 £15.50 October 2013 Greenleaf Book Group 400 pages 230x155mm



Blue Hand Mojo
Hard Times Road
(Blue Hand Mojo Series)
John Jennings

1931. Bronzeville. Chicago. The mage, Frank "Half Dead" Johnson, is a marked man. Literally. A drunken decision fuelled by tragedy has left him with half a soul, sorcerous powers, and two centuries to work off his debt to Scratch (aka The Devil) himself. This graphic novel chronicles three adventures with this tragic conjure man. Watch as "Half Dead" attempts to save his own soul, pay his debt, and help as many people as he can along the way. It's a hard-hitting Hoodoo Noir highball with just a splash of Southern Gothic. Smack-dab in the dark heart of the Windy City. Hold on tight! It's going to be a bumpy ride down Hard Times Road.

PB 9780990319146 £14.50 February 2017 Rosarium Publishing 130 pages 260x180mm

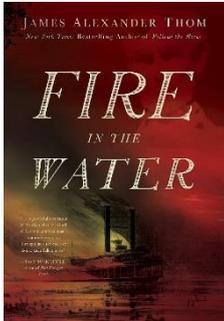


Case of the Green-Dressed Ghost
(Dr Ribero's Agency of the Supernatural Series)

Lucy Banks

Kester Lanner did not know what to expect when he followed his mother's dying request to contact the mysterious Dr Ribero, but he was not expecting to find his long lost father. Nor was he expecting to join the family business: catching supernatural spirits. Kester is intrigued despite his fear, and finds himself drawn into an ancient ghost story that will test the entire agency. He soon becomes enmeshed in a struggle with the spirit, who is so malevolent and haunting that his first real case might just be his last.

PB 9781944995041 £14.50 March 2017 Amberjack Publishing 284 pages 205x135mm

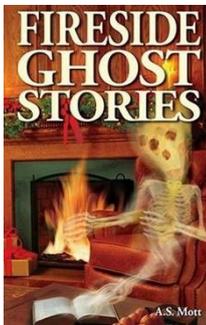


Fire in the Water

James Alexander Thom

This book tells about Paddy Quinn, the famous one-armed war correspondent. He is on what would be his final Civil War assignment: the funeral of the assassinated President Lincoln. Quinn and his new bride Felice are aboard the steamboat Sultana going up the spring-flooded Mississippi River toward Illinois to meet the Funeral Train, when their honeymoon vessel stops at Vicksburg. The Sultana takes on a pathetic human cargo of 2,000 sick and ragged survivors of the hellish Andersonville prisoner-of-war camp. This motley group of prisoners are kept alive only by their desire to get home. Quinn's lot is now thrown in with some of the unluckiest veterans of that awful war.

PB 9781681570280 £16.50 October 2016 Blue River Press 376 pages 230x155mm 6 b/w illus

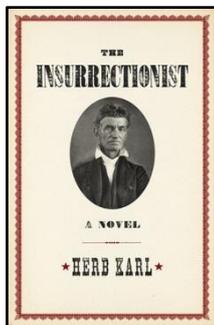


Fireside Ghost Stories
(Ghost Stories Series)

A S Mott Edited by Shelagh Kubish

Gather 'round a blazing fire and break out these spooky and often heart-warming tales from ghost story spinner A S Mott: three ghost hunters who brave Wooster Mansion become trapped in a ghostly struggle between a murdered father and his children; a fabulously wealthy heir builds a castle on his estate and fantasises that he is indeed a king, but the venture ends badly when he takes his imagined royal powers too far; a retired firefighter who is forced to face his blindness finds unexpected comfort at a bus stop, where he meets a young woman from another time; in Yorgas' Taverna, there is more on the menu than calamari and belly dancing. The house special is a psychotic ghost that likes to possess the hired help.

PB 9781894877404 £11.50 September 2003 Ghost House Publishing 216 pages 210x135mm



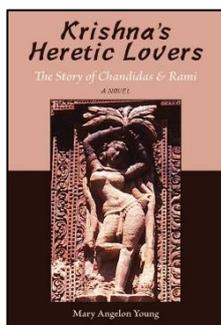
Insurrectionist

A Novel

Herb Karl

A compelling historical novel, "The Insurrectionist" follows the militant abolitionist John Brown from his involvement in Bleeding Kansas to the invasion of Harpers Ferry and the dramatic conclusion of his subsequent trial. Meticulous historical detail blends with dramatic personal descriptions to reveal critical episodes in Brown's life, illuminating his character and the motives that led up to the Harpers Ferry invasion, giving readers a complete picture of the man who has too often been dismissed as hopelessly fanatical. Brown's friendship with Frederick Douglass and their ongoing debate on how to end slavery, his devoted family who stands by him despite the danger, and his struggles to secure funding and political favour for his cause against deeply entrenched politicians, makes for a surprisingly contemporary story of family, passion, race, and politics.

PB 9781613736333 £15.50 February 2017 Chicago Review Press 336 pages 215x140mm



Krishna's Heretic Lovers

The Story of Chandidas & Rami -- A Novel

Mary Angelon Young

This book recounts the legendary love story of Chandidas and Rami, 14th-century Bengalis. He is a young Brahmin priest who renounces his caste status to become an heretical poet-musician wandering the byways of India with a small band of mystics and bards. Rami is a beautiful 20-year-old widow, of low caste, living with her two children. To survive, she washes the clothes of local villagers. An overwhelming magnetism of love and fate compels them to come together against prevailing religious and social customs. Rami leaves all of her familiar world behind to travel, sing and praise the Divine with her beloved Chandidas, along the dusty roads of Bengal. Krishna's Heretic Lovers is an historical romance that blends fiction and fact, love and sex, action and spiritual teachings, politics, and true characters with the authentic poetry written by the revered poet Chandidas (later known as the "Father of Bengali poetry"). The synthesis of these elements, together with rare insight into the practices of a genuine tantric sect, creates an unforgettable alchemy for readers. Vivid descriptions of cultural and natural environments along with richly detailed characters capture the religion, politics, and lifestyle of the late 14th /early 15th century of remote Bengali villages.

PB 9781942493198 £22.99 December 2016 Hohm Press 368 pages 195x125mm



Lala Pettibone's Act Two

Heidi Mastrogiovanni

Lala Pettibone, a forty-something widow whose outrageous antics befit women half her age, has been imagining her sexy boss, Gerard, is as smitten with her as she is with him. Enter Gerard's fabulous girlfriend from Paris. After spending the rest of the day drinking wine straight from the bottle, Lala attends the monthly meeting of her Greenwich Village co-op, where the residents are informed that a toxic wasteland has appeared in the building's basement and everyone needs to pony up forty grand by the end of the week. Ever the one to make limoncello out of lemons, Lala reluctantly decides to sublet her apartment and visit her Auntie Geraldine in Los Angeles. Good things come her way in sunny LA, including Dr David, a handsome veterinarian, and inspiration to transform her previously rejected, uproarious, screenplay into a novel. A wonderfully hilarious, second coming-of-age novel.

PB 9781944995072 £13.50 February 2017 Amberjack Publishing 265 pages 205x135mm

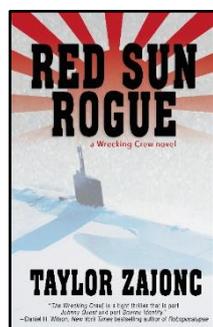


Magic Dogs of San Vicente

Mark Fishman

The novel is set in the aftermath of the war in El Salvador (1980-1992), a war in which the two Flores brothers were arrested and savagely tortured both physically and mentally, but a war that they ultimately survived. On a heat-soaked morning in the wild countryside of El Salvador, the Flores brothers encounter something -- part vision, part phantasm, part shuddering echo of their past -- that almost frightens them out of their wits. What follows is a magical, dream-like and picaresque journey across El Salvador, as the Flores brothers try to find what will set them free from the thing that they have witnessed and from the tragedies of their past.

PB 9781771830782 £15.50 March 2016 Guernica Editions 194 pages 205x125mm



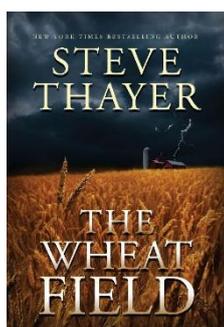
Red Sun Rogue

A Wrecking Crew Novel

Taylor Zajonc

An unknown enemy wreaks havoc in the South China Sea while blaming the destruction on Jonah Blackwell and the crew of the Scorpion forcing them to untangle a deadly conspiracy rooted in a lost technology from World War II. 6 May 1945: A German submarine U-3531 disappears en-route to mainland Japan, taking with her a weapon that could have changed the course of the war. Present day: Salvage diver turned submarine captain Jonah Blackwell and his unproven crew resurface on a mission of mercy, secreting starving refugees from the brutal North Korean regime as a hundred-year winter ravages the northern Pacific. Hunted by the Japanese fleet and forced to surrender, the crew of the Scorpion are blackmailed into investigating a mysteriously quarantined DPRK submarine base. As chaos erupts across the East China Sea, the crew of the Scorpion find themselves embroiled in a conspiracy that threatens to reshape the entire region. Now his crew must race against time in an adventure spanning the irradiated waters of Fukushima, flood-beset Tokyo metropolis and the crumbling tropical remains of a secret Japanese research facility. At the centre of it all is an enigmatic technology cult with roots in the clandestine weapons program of the Second World War -- a cult that has waited years to strike its final blow.

PB 9781943075263 £15.99 February 2017 Blank Slate Press 430 pages 205x125mm



Wheat Field

Steve Thayer

The New York Times bestselling author Steve Thayer introduces Deputy P A Pennington of the Kickapoo Falls, Wisconsin, Sheriff's Department, in a gripping novel of sex, politics, and betrayal -- where the lust for power leads a war-wounded young man through the explosive secrets of a small town in the presidential election year of 1960. Michael and Maggie Butler are found naked and dead in a Wisconsin wheat field, murdered by two vicious shotgun blasts. But no one gets murdered in Kickapoo Falls, a peaceful, picturesque vacation retreat on the edge of the Wisconsin Dells, home of the politically powerful Kickapoo Gunn Club. Deputy Pennington is convinced the answer lies back in the wheat field. But the town's ruling elite closes ranks and turns on him as he zeroes in on the truth. What appears to be a husband-wife murder-suicide opens doors into a deadly conspiracy set for election night.

PB 9780990846154 £14.50 March 2017 Conquill Press 255 pages 215x140mm

FOOD & DRINK

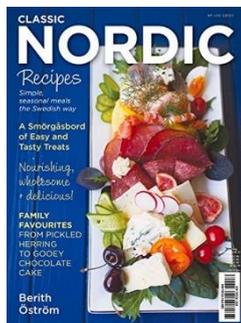


Best of Irish Home Cooking Cookbook

Caroline Gray

Award-winning recipes from Irish home cooks, as well as useful tips and tricks for the kitchen. With millions of people worldwide of Irish descent, there is no better way to connect to your heritage than through the tradition of home-cooking. This is the ultimate guide to bringing a taste of the Emerald Isle home; from comforting soups and stews to crowd-pleasing pub grub, Ireland has always been a nation that prides itself on enjoying good banter with family and friends over a hearty meal. Start off with a full Irish breakfast to really set yourself up for the day, or opt for a luxurious twist on eggs Benedict that takes advantage of world-renowned Irish smoked salmon. Hearty dinner options range from traditional bacon and cabbage and shepherd's pie to the favourites in Irish kitchens of today, like spaghetti Bolognese and chicken tikka masala. Finish off with baked goodies and a cup of tea!

PB 9781925265767 £19.50 November 2016 Wilkinson Publishing 128 pages 240x210mm

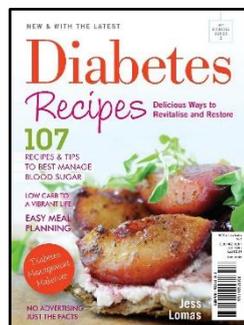


Classic Nordic Recipes

Berith Ostrom

Swedish native Berith Ostrom shares the classics and family favourites that she still cooks and loves today. The Number One rule of a Smorgasbord is not to try and sample everything at once but to take your time; the same philosophy applies to the delectable recipes in this book. From mains to drinks, desserts and fermented favourites, there's something for everyone and something for all occasions to enjoy.

PB 9781925265408 £13.99 May 2016 Wilkinson Publishing 128 pages 285x210mm



Diabetes Recipes

Jess Lomas

This book provides an introduction to the main nutritional approaches to treating diabetes and provides delicious recipes for breakfast, main meals, desserts and snacks that both people with and without diabetes can enjoy. Type 2 diabetes is the modern health epidemic sweeping the world, with the majority of cases said to be preventable through exercise and good diet. This easy-to-understand guide skips the jargon and provides realistic ways for diabetics to reclaim their health and their life.

PB 9781922178398 £9.99 August 2014 Wilkinson Publishing 128 pages 235x170mm



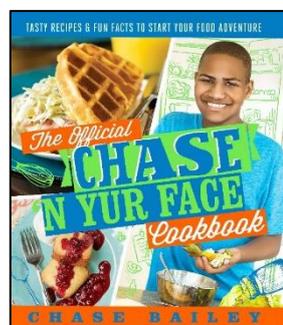
Healthy Habits Smoothies 2

Blend Until Smooth

Eleni Kanidiadis

Following on the success of her first book of smoothie recipes, Eleni Kanidiadis is back with her follow-up book, "Healthy Habits Smoothies 2". Featuring 25 delicious and nutritious smoothie recipes as seen on the TV show, Vasili's Garden to Kitchen, this book is sure to be a hit in your kitchen. Eleni's recipes blend all your favourite fruit and vegetables with allergy-friendly ingredients you might never have thought of using before.

PB 9781925265101 £13.50 March 2017 Wilkinson Publishing 70 pages 210x140mm



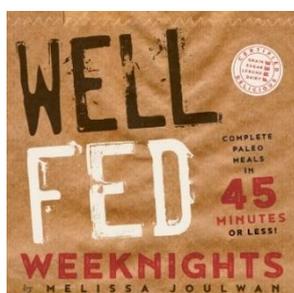
Official Chase 'N Yur Face Cookbook

Tasty Recipes & Fun Facts To Start Your Food Adventure

Chase Bailey

Inspired by his journey with autism and overcoming food aversions, Chase Bailey's "The Official Chase 'N Yur Face Cookbook" entices people of all ages to experience familiar dishes done in different ways; and to discover new things about food while celebrating life and ourselves. Combining delightful recipes, uplifting anecdotes, fun facts, delectable photographs, and humorous animations, Chase teaches home-cooks to prepare a wonderful array of dishes under fun chapter titles: Get Up & Go; Feed the Beast; Pick-Me-Ups; Let's Feast; Life is Sweet; Cool Breezes & a Santa Ana Wind. Chase's cookbook includes omnivore, vegetarian, vegan, and gluten-free recipes.

PB 9780692755853 £23.99 November 2016 Greenleaf Book Group Press 188 pages 250x210mm illus



Well Fed Weeknights

Complete Paleo Meals in 45 Minutes or Less

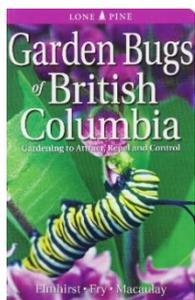
(Well Fed Cookbook Series)

Melissa Joulwan

Bursting with vibrant flavours and fool-proof recipes, the third instalment in the best-selling "Well Fed" cookbook series puts over 125 complete -- and crazy-delicious -- paleo meals on your table in 45 minutes or less. With this book author and mouthy paleo cook Melissa Joulwan brings her love for food and spirit of adventure to a knockout collection of weeknight recipes inspired by takeout classics, food trucks, and cuisines from around the world -- all totally free of grains, dairy, legumes, and soy. Every meal is thoroughly tested and easy to make, with affordable ingredients you will find at your regular supermarket. (No extra trips to specialty food stores required!). All recipes include Melissa's popular "You Know How You Could Do That?" variations, as well as Cookup Tips to help condense cooking time with make-ahead items. You will want to dog-ear the Mini Cookup page where you will find step-by-step instructions for cooking six paleo kitchen staples in under an hour. Cook once, and fancy-up your meals all week long. Debuting and flexible Food Court Recipes: in-depth blueprints of your favourite dinner themes, all offering basic techniques and creative variations to satisfy your personal cravings. Packed with useful tips and how-to info including: How to eat in restaurants without abandoning good habits; How to cook quickly and eat slowly; Essential pantry foods for weeknight cooking; The best kitchen tools for fast cooking; Two months of sample menus. Sure to become a lovingly splattered-and-bookmarked, go-to paleo kitchen companion.

PB 9781626343429 £23.99 November 2016 Greenleaf Book Group 250 pages 215x215mm

GARDENING

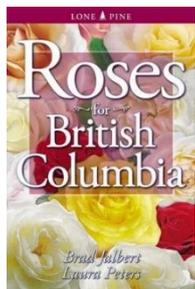


Garden Bugs of British Columbia Gardening to Attract, Repel & Control

Janice Elmhirst, Ken Fry, Doug Macaulay

Bugs in the garden can be annoying, frightening, entertaining and mysterious. This handy little book features more than 130 bugs that commonly appear in British Columbia gardens, the good, the bad and the ugly. Each illustrated account features species identification and life history, as well as a description of the bug's activities in your garden. Harmful bugs and beneficial bugs are identified, as are tips and techniques to get rid of them or attract them.

PB 9781551055916 £16.99 February 2008 Lone Pine Publishing 224 pages 215x140mm illus



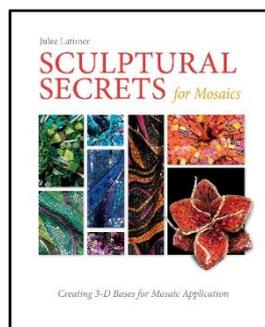
Roses for British Columbia

Brad Jalbert, Laura Peters

Be sure to add this practical and informative guide to your gardening book collection. The book features 144 recommended roses for the province. Brad Jalbert, a leading western Canadian expert in the hybridisation of miniature roses, has joined with garden writer Laura Peters to craft a common-sense resource that covers the most important information concerning each of the recommended varieties, chose specifically for British Columbia's climate.

PB 9781551052618 £16.99 January 2003 Lone Pine Publishing 272 pages 215x140mm colour photos

HANDICRAFTS

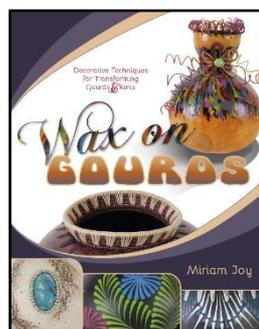


Sculptural Secrets for Mosaics Creating 3-D Bases for Mosaic Application

Julee Latimer

With easy-to-follow guidance and over 175 photographs, this book helps mosaic artists to meet the challenge of creating 3D substrates. It explains various approaches to issues ranging from reaching the needed levels of density and strength to applying tesserae to coils, twists, and spheres. Professional studio mosaic artist Latimer offers a behind-the-scenes look at her experiences with six of her sculptures, from the starting moments of inspiration to their completion. She demonstrates the techniques on a variety of interior and exterior works, both freestanding and wall mounted. From an undulating wall sculpture's base of chicken wire, plaster bandages, and thinsset, to a large outdoor armchair sculpture's base of foam, fiberglass mesh, and concrete, this guide will help to demystify 3-D structures for aspiring sculptors and mosaic artists.

HB 9780764352447 £19.50 February 2017 Schiffer Publishing 80 pages 280x215mm 178 colour photos



Wax on Gourds Decorative Techniques for Transforming Gourds & Rims

Miriam Joy

Gourds offer great surfaces to decorate, and this step-by-step book reveals the design boost you can give your gourd projects by using crayons as an economical source of wax. With over 340 detailed photographs, in her popular how-to style Miriam Joy explains the inexpensive materials needed and the basic steps of the low-cost, high-impact wax design technique. Next are step-by-step instructions for four examples of creative wax-technique designs on gourds, plus four stunning rim treatments. By using these as your starting point, you can create unlimited gourd art works of your own -- all featuring low-cost, high-impact wax design technique. Projects range from the "Midnight Fern" gourd with a crocheted beaded ruffle, to the colourful "Flowers in the Jungle" gourd with a simple shell rim, to the "Blue Horizons" gourd featuring a unique coiled Arrowhead Points rim. Plus, using wax, learn how to make faux stones to decorate any project.

PB 9780764352256 £19.50 December 2016 Schiffer Publishing 96 pages 280x215mm 341 colour photos

HEALTH & BEAUTY

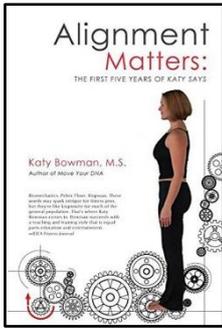


3 Minute Workouts

Kusal Goonewardena

How many times have you been meaning to do some exercise, but life just gets in the way? The demands of our jobs, family, social life and other commitments mean we are left with precious little time to get our bodies into shape. Physiotherapist Kusal Goonewardena has worked with hundreds of elite athletes who are always short on time because of travel. He has perfected a short exercise plan to keep them at peak fitness. Now, in this book Kusal is sharing this plan with you! This book is full of easy to learn exercises and advice that will have even the busiest person able to give their body the attention it deserves.

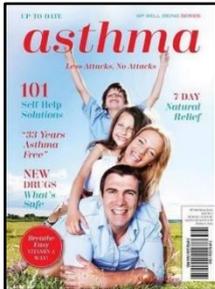
PB 9781925265132 £9.99 August 2015 Wilkinson Publishing 132 pages 235x170mm



Alignment Matters
The First Five Years of Katy Says
 Katy Bowman

This book contains the first five years of her posts. It is organised to function as a primer to alignment and better movement, and also to Bowman's more complex books. Starting with the feet and working all the way up to the head, her clear, engaging essays take you on an enjoyable and unconventional ride through the human body, and include stretches, habit modifications, spiritual insights, and enough belly laughs to soften even the tightest psoas. Couch potatoes, professional athletes, and everyone in between all have something to learn about movement. With this book readers will gain a better understanding of the incredible, complex, and fascinating human body.

PB 9781943370085 £18.99 November 2016 Propiometrics Press 456 pages 230x155mm



Asthma
Less Attacks, No Attacks
 Marian Slee

Marian Slee lived with the frustration of having asthma. On some days it would be so bad it would render her unable to leave bed for fear of losing her breath. So fed up with treatments that did not work, she tried something different. She discovered her asthma was treatable with vitamins. Since then, Marian has been able to live her life just the way she wants to. This book tells Marian's story of how she got on top of her asthma. It's full of handy tips and advice for people wondering what effect vitamins can have on their own breathing.

PB 9781922178695 £9.99 May 2015 Wilkinson Publishing 128 pages 235x170mm



Face Secrets
 Gregory Landsman

Daily stress and unhappy thoughts play havoc with our faces, profoundly affecting the way our skin and bodies visibly age. Yet from author Gregory Landsman's experience and approach to beauty, looking younger is actually much easier than we have been led to believe. With the right approach you can retain and maintain healthy glowing skin, counter act deep wrinkles and maintain skin firmness and health at any age. In other words, 'GET SKINFIT!' This is Landsman's compilation of some of the most powerful formulas and insights that can help you to look younger, feel younger and stay younger. The book takes you on a journey and arms you with knowledge and power to reclaim your own brand of beauty, starting with your face and ending with your heart.

PB 9781925265576 £9.99 July 2016 Wilkinson Publishing 128 pages 235x170mm



Healthy Cholesterol
 Catherine Butterfield

The global statistics around coronary heart disease, heart attack and stroke are truly alarming. The rates of high blood pressure and cholesterol, both major risk factors of the above conditions, are also extraordinary. The tragedy is that the rates are rising worldwide, despite how easy it can be in many circumstances to reduce risk. This book looks at what high cholesterol and high blood pressure are and why they can be so dangerous, and, in particular, why atherosclerosis, or plaque build-up in the arteries, is the most significant consequence of these conditions and causal factor of heart attack, stroke and coronary heart disease. Risk factors associated with high blood pressure and cholesterol and treatments, including non pharmacological intervention, are also explored. Finally, the book looks at the ways we can reduce or reverse our risk of high blood pressure and high cholesterol, and, ultimately, our risk of heart attack, stroke and coronary heart disease.

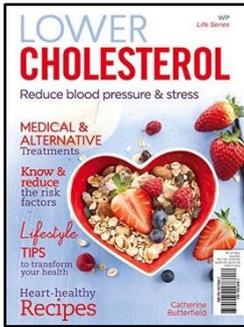
PB 9781925265736 £10.99 July 2016 Wilkinson Publishing 128 pages 235x180mm



Healthy Skin Diet
 Lisa Guy

There is no need to spend a fortune on expensive skin care products anymore. This book will arm you with all you need to make your own beautiful, natural skin care products at home -- products that will be good enough to eat! The health of our skin is underappreciated. It provides a wonderfully informative measure of the health of our inner selves. What may first be revealed as dryness, itching and eczema, psoriasis, acne, or what we commonly dismiss as merely age-related wear-and-tear, are often manifestations of underlying or systemic health issues, dietary problems and nutrient deficiencies. This book shows you how eating a diet rich in skin-nourishing foods is the best way to improve the health of your skin and to protect it from environmental stressors that cause damage to skin cells and accelerated aging. It is an up-to-date and scientifically-based treasure chest of information you can use to promote beautiful, radiant skin by making the right food choices replete with 'super-skin foods' and primo complexion-boosting nutrients.

PB 9781925265071 £9.99 January 2016 Wilkinson Publishing 128 pages 235x170mm



Lower Cholesterol
Reduce Blood Pressure & Stress
Catherine Butterfield

The global statistics around coronary heart disease, heart attack and stroke are truly alarming. The rates of high blood pressure and cholesterol, both major risk factors of the above conditions, are also extraordinary. The tragedy is that the rates are rising worldwide, despite how easy it can be in many circumstances to reduce risk. This book looks at what high cholesterol and high blood pressure are and why they can be so dangerous, and, in particular, why atherosclerosis, or plaque build-up in the arteries, is the most significant consequence of these conditions and causal factor of heart attack, stroke and coronary heart disease. Risk factors associated with high blood pressure and cholesterol and treatments, including non pharmacological intervention, are also explored. Finally, the book looks at the ways we can reduce or reverse our risk of high blood pressure and high cholesterol, and, ultimately, our risk of heart attack, stroke and coronary heart disease.

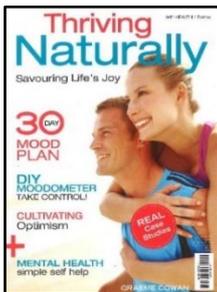
PB 9781922178817 £9.99 April 2015 Wilkinson Publishing 128 pages 235x170mm



Menopause Breakthroughs
Grace Johnston

Menopause can be a challenging time not just for women but for their partners and families. For women it's the end of their potential to be mothers and, while for some that's a relief, for others it can be a time of considerable sadness. Self-image changes and the view in the mirror may come to differ markedly from how women still feel inside. But menopause is a natural part of ageing and one of life's major times of transition for women. Many simply pass through it with few symptoms but for those who don't there are many options. This book looks at both traditional Western medicine and alternative therapies, providing a wide-ranging overview of available treatments to ease the symptoms of menopause and ensure a smoother transition.

PB 9781922178701 £9.50 May 2015 Wilkinson Publishing 128 pages 235x170mm



Thriving Naturally
Graeme Cowan

Depression can bring the most active person grinding to a halt. This is Graeme Cowan's guide to overcoming depression, and getting you in a better mood. It contains Graeme's own '30 Day Mood Plan' that provides a day-by-day guide to lifting yourself out of a rut and start enjoying life again. Across 30 days, Graeme offers different pieces of advice and encouragement, based on his own experiences, as well as the tried and true methods of getting you into a much better mindset. This book helps you get over the mindset that only medication can fix a low mood. Instead, a natural philosophy will get you on the way you to thinking and acting positively.

PB 9781925265491 £9.99 February 2016 Wilkinson Publishing 128 pages 235x170mm

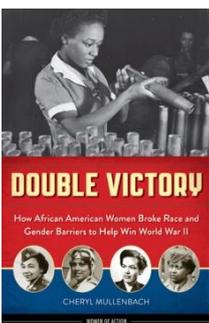


Women's Healthy Living Diet
Breast Cancer Recovery & Reducing Risk
Susan Hart

Currently there is no comprehensive nutrition guide for patients with breast cancer during and after treatment. This is surprising as it has been shown that breast cancer survivors are highly motivated and interested in dietary and lifestyle information. In this book Dr Susan Hart breaks down the acclaimed BABE method (body weight, alcohol, bones, and exercise) and arms you with the knowledge and practical advice to alter your diet before, during or after a diagnosis of breast cancer. With tips for supplements, overall diet and exercise, as well as how to navigate the supermarket, food labels, and eating out, this is a value-packed resource for all women to help heal and lead a wholesome, healthy life.

PB 9781925265552 £9.99 February 2016 Wilkinson Publishing 128 pages 235x180mm

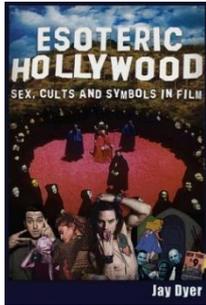
HISTORY



Double Victory
How African American Women Broke Race & Gender Barriers to Help Win World War II
Cheryl Mullenbach

"Allow all black nurses to enlist, and the draft won't be necessary... If nurses are needed so desperately, why isn't the Army using colored nurses?" "My arm gets a little sore slinging a shovel or a pick, but then I forget about it when I think about all those boys over in the Solomons". This book tells the stories of African American women who did extraordinary things to help their country during World War II. In these pages young readers meet a range of remarkable women: war workers, political activists, military women, volunteers, and entertainers. Some, such as Mary McLeod Bethune and Lena Horne, were celebrated in their lifetimes and are well-known today. But many others fought discrimination at home and abroad in order to contribute to the war effort yet were overlooked during those years and forgotten by later generations. The book recovers the stories of these courageous women. Offering a new and diverse perspective on the war and including source notes and a bibliography, Double Victory is an invaluable addition to any student's or history buff's bookshelf.

PB 9781613735237 £12.50 February 2017 Chicago Review Press 272 pages 215x140mm

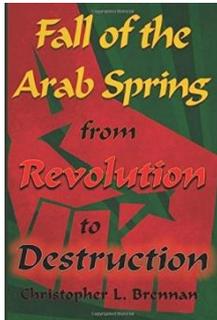


Esoteric Hollywood
Sex, Cults & Symbols in Film

Jay Dyer

Like no other book before it, this work delves into the deep, dark and mysterious undertones hidden in Tinseltown's biggest films. Esoteric Hollywood is a game-changer in an arena of tabloid-populated titles. After years of scholarly research, Jay Dyer has compiled his most read essays, combining philosophy, comparative religion, symbolism and geopolitics and their connections to film. Readers will watch movies with new eyes, able to decipher on their own, as the secret meanings of cinema are unveiled.

PB 9781634240772 £18.99 December 2016 Trine Day 300 pages 230x155mm



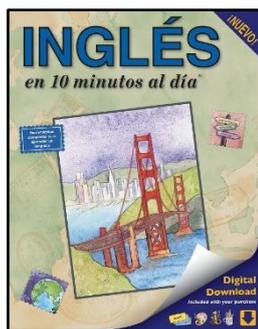
Fall of the Arab Spring
From Revolution to Destruction

Christopher L Brennan

Was the "Arab Spring" that recently swept the Middle East an authentic grass roots movement for democracy, or just another set of US-sponsored "Color Revolutions", aimed at toppling non-compliant rulers? Mainstream media portray it as a wave of spontaneous uprisings by impatient youth against old-line dictators, but this book shatters this myth. With Egypt and Libya as case studies, it exposes the Arab unrest as US-engineered destabilisation, targeting nationalist resistance to Western and Israeli domination. We see how the "Arab Spring" fits into history, and explore the tactics used. There is a world tendency to shift away from US hegemony to a system of multiple centres of power. To stave this off while buttressing Israel, Washington think tanks manufactured the "Arab Spring". Avoiding Bush's crude and direct approach, the Obama team leaned on less direct means, a synergy of soft and hard power: so-called smart power. Through alliances with regional powers, NATO states, and naive local proxies, ranging from idealistic secular youth to Islamist extremists, they unleashed regional conflagration.

PB 9781615772445 £12.99 February 2017 Progressive Press 210 pages 230x155mm

LANGUAGE

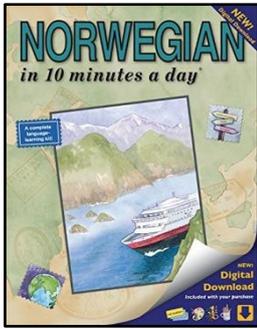


INGLÉS en 10 minutos al día
(10 minutes a day® Series)

Kristine Kershul

English for Spanish speakers has never been this easy. This book and digital download are the perfect blend of education and entertainment; success and fun go hand-in-hand! Specifically created for Spanish speakers who are visiting or moving to where English is spoken, "INGLÉS en 10 minutos al día" is organised into 25 practical categories to teach the everyday necessities for finding one's way around in an English-speaking country. Computer activities, word games, puzzles and tests make this book and software combination excellent for self-study and the perfect learning aid for introductory level English as a Second Language (ESL). The "10 minutes a day" Program: - The "10 minutes a day®" proven methodology guarantees success -- all you have to do is set aside 10 minutes and you will be on your way. Why 10 minutes a day®? Because 10 minutes is doable, it fits easily into your life and it's not overwhelming. The program is created so that you can work at your own pace. You set the pace and you decide when you're ready to move to the next Step. The book is purposely designed to look like a child's workbook -- it's not intimidating or overwhelming. Instead, it's approachable and engaging for everyone at any age. The vocabulary hones in on key essential words that you will actually use when travelling. You will learn Key Question Words so you can ask for those things you need; money and numbers so you can shop and pay bills; directions so you can get to your destination smoothly, and so much more that will make your experience abroad enjoyable. Study aids and fun activities such as word games, puzzles and interactive modules are academically designed and strategically interwoven into the program to help you succeed. Contents include: The 132 page illustrated workbook: Use the book to guide you, step-by-step, through learning and speaking English; Full colour throughout: Visually engages you and is conducive to learning quickly; Digital download of "10 minutes a day® Series" language learning software: Use the interactive modules to hear the words, practice and play, track your score and have fun! (PC and Mac friendly); 150 Sticky Labels (both in the book and for your computer): Place the Sticky Labels around the house and office to learn new words without any extra time or effort. Use the interactive Sticky Labels module on your computer to hear the words, review, keep track of your score and improve; Ready-made Flash Cards (both in the book and for your computer): Take the ready-made flash cards with you and review your vocabulary on the go. Use the interactive Flash Card module on your computer to hear the words, practice and test yourself; Cut-out Menu Guide: Practice at your local restaurant and take it on your trip; Pronunciation Guide: Special phonetics accompany each new English word. The phonetics have been carefully selected and tested for Spanish speakers, so the correct sounds are accessible and the learning process is easy. With the phonetics above each English word, Spanish speakers can use the correct pronunciation on the very first day. Over 300 "Free Words": Sounding similar to their Spanish counterparts, these English words take no extra effort to add to your vocabulary; Glossary of over 2,000 new words, definitions, and pronunciation: So you can quickly look up an English word, its pronunciation and definition.

PB 9781931873376 £24.99 March 2017 Bilingual Books, Inc 132 pages 275x210mm colour illus



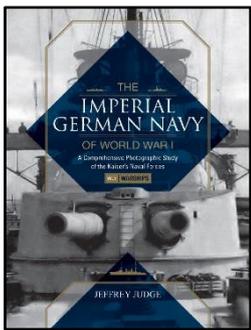
NORWEGIAN in 10 minutes a day (10 minutes a day® Series)

Kristine Kershul

The program is created so that you can work at your own pace. You set the pace and you decide when you're ready to move to the next Step. The book is purposely designed to look like a child's workbook -- it's not intimidating or overwhelming. Instead, it's approachable and engaging for everyone at any age. The vocabulary hones in on key essential words that you will actually use when traveling. You will learn Key Question Words so you can ask for those things you need; money and numbers so you can shop and pay bills; directions so you can get to your destination smoothly, and so much more that will make your experience abroad enjoyable. Study aids and fun activities such as word games, puzzles and interactive modules are academically designed and strategically interwoven into the program to help you succeed. Contents include: The 132 page illustrated workbook: Use the book to guide you, step-by-step, through learning and speaking English; Full colour throughout: Visually engages you and is conducive to learning quickly; Digital download of "10 minutes a day® Series" language learning software: Use the interactive modules to hear the words, practice and play, track your score and have fun! (PC and Mac friendly); 150 Sticky Labels (both in the book and for your computer): Place the Sticky Labels around the house and office to learn new words without any extra time or effort. Use the interactive Sticky Labels module on your computer to hear the words, review, keep track of your score and improve; Ready-made Flash Cards (both in the book and for your computer): Take the ready-made flash cards with you and review your vocabulary on the go. Use the interactive Flash Card module on your computer to hear the words, practice and test yourself; Cut-out Menu Guide: Practice at your local restaurant and take it on your trip; Pronunciation Guide: With the Guide and simple phonetics above each Norwegian word, it is easy for native English speakers to begin speaking Norwegian with the correct pronunciation. Over 300 "Free Words": Sounding similar to their English counterparts, these Norwegian words take no extra effort to add to your vocabulary; Glossary of over 2,000 new words, definitions, and pronunciation: So you can quickly look up an English word, its pronunciation and definition.

PB 9781931873390 £24.99 March 2017 Bilingual Books, Inc 132 pages 275x210mm colour illus

MILITARY

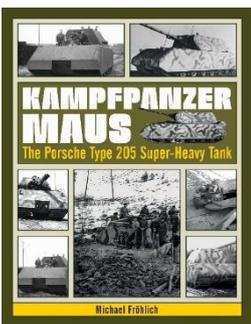


Imperial German Navy of World War I -- Volume 1 Warships A Comprehensive Photographic Study of the Kaiser's Naval Forces

Jeffrey Judge

"Imperial German Navy of World War I" is a series of books (Warships, Campaigns, & Uniforms) that provide a broad view of the Kaiser's naval forces through the extensive use of photographs. Every effort has been made to cover all significant areas during the war period. In addition to the primary use of photographs, technical information is provided for each warship along with its corresponding service history; with a special emphasis being placed on those warships that participated in the Battle of Skagerrak (Jutland). Countless sources have been used to establish individual case studies for each warship; multiple photos of each warship are provided. The entire series itself is unprecedented in its coverage of the Kaiser's navy.

HB 9780764352164 £66.99 December 2016 Schiffer Publishing 312 pages 305x230mm 600 b/w photos

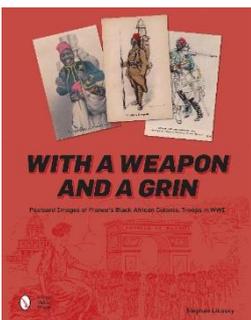


Kampfpanzer Maus The Porsche Type 205 Super-Heavy Tank

Michael Fröhlich

In 1944 the Maus giant battle tank, weighing almost 190 tons, was supposed to help turn the Wehrmacht's fortunes of war on the Eastern Front. Just two prototypes of this monster were delivered, for its undeniable advantages -- tremendous firepower and virtually impenetrable armour -- were outweighed by the disadvantages of its slowness, excessive use of materials in construction, and fuel consumption so high that it was, by that time, far beyond the Germans' ability to supply. With this volume, Michael Fröhlich continues the legendary Spielberger series and delves into one of the most curious military vehicles produced by Germany -- the Maus super-heavy tank. For the first time, this book tells the complete story of this vehicle, including its inner workings, accompanied by many previously unpublished illustrations. But that is not all: the book includes another novelty, the complete operating instructions for the tank's crew!

HB 9780764350788 £47.99 February 2017 Schiffer Publishing 240 pages 280x215mm 328 colour & b/w photos

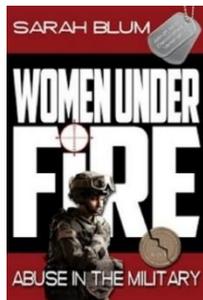


With a Weapon & a Grin Postcard Images of France's Black African Colonial Troops in WWI

Stephan Likosky

In incorporating Black African soldiers on the European battleground in their war against the Germans in World War I, France needed to change the image of the African from that of savage to a loyal and courageous soldier, a non-threat to French citizenry. What emerged was the Grand Enfant, a child-like figure with a winning grin who nonetheless could be ruthless in pursuit of the Hun. Meanwhile, German propaganda persisted in portraying the African as a cannibal, being unjustly deployed by France against the civilised European. Postcards of the era were an important means of disseminating these images and demonstrate how the African soldier's image was manipulated to serve the changing needs of the European belligerents. The book contains over 150 stunning images from this propaganda war and places them in historical context.

HB 9780764352270 £33.50 February 2017 Schiffer Publishing 128 pages 280x215mm 156 colour & b/w photos



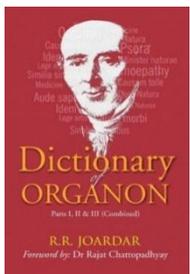
Women Under Fire Abuse in the Military

Sarah L Blum

"A hard look at the extraordinary culture of violence and intimidation committed every day in the US military. The book should be required reading by those considering joining the military and by the friends and relatives who encourage young women and men to join the military. These stories stand as warnings to think carefully about joining an organisation that has a long history of protecting criminals who commit sexual crimes." -- Retired Colonel Ann Wright

PB 9781628220001 £18.50 October 2013 Brown Sparrow Publishing 184 pages 215x140mm

MIND / BODY / SPIRIT

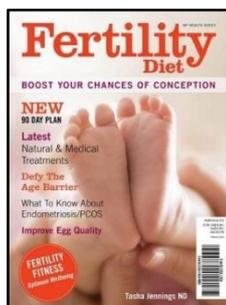


Dictionary of Organon

R R Joardar, Rajat Chattopadhyay

The author in pursuit of his Master, translated his work for students and teachers and has set a benchmark for every Homoeopath. The book is a ready reckoner of Organon for both Undergraduate and Post-Graduate students to understand the thoughts of Dr Hahnemann. It consists of the translation of all non-English text, even of the Prefaces, and the Introduction with short clarification. Related and relevant data on most of the Greek texts have been collected from as many sources as are available to-day along with all the cross-references.

PB 9788131937976 £12.45 January 2016 B Jain Publishers Pvt Ltd 265 pages 215x135mm



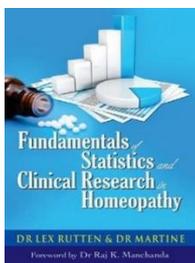
Fertility Diet

Boost Your Chances of Conception

Tasha Jennings

Trying to get pregnant can be a stressful time for any couple. Naturopath and Nutritionist Tasha Jennings aims to help hopeful parents with her Fertility Diet. Tasha writes from experience, having spent over a year trying to conceive. After taking the right advice and consuming the right food and supplements she was successful. Fertility Diet helps women and men understand what lifestyle and health factors affect their fertility, as well as the medications that might help. This is the must-have guide for any potential mum or dad.

PB 9781922178992 £9.99 August 2015 Wilkinson Publishing 128 pages 235x170mm

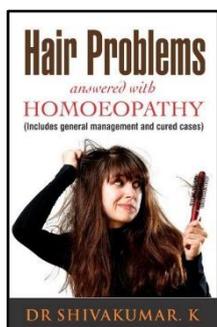


Fundamentals of Statistics & Clinical Research in Homeopathy

Lex Rutten, Martine Rutten, Raj K Manchanda

Science can and should be applied to improve homeopathy. Using experience to choose the right homeopathic medicine can be expressed as a statistical algorithm. Hitherto there were no books explaining how statistics are involved in many medical decisions and how to assess practice experience, like the relationship between symptoms and beneficial effects of homeopathic medicines.

PB 9788131937921 £16.25 January 2016 B Jain Publishers Pvt Ltd 276 pages 215x140mm

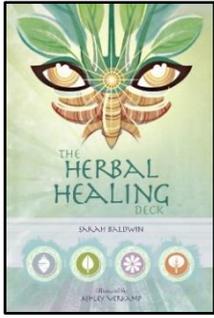


Hair Problems Answered with Homoeopathy

K Shivakumar

A complete handbook of hair problems answered with homoeopathy that covers the major hair disorders with general and homoeopathic management. Covers anatomy, physiology and biochemistry of hair, investigations, diagnosis of different types of alopecia and effective management of dandruff, premature greyness, hirsutism, and evaluation of hair fall. There are sections like: cosmetic tips, latest developments in the field of trichology, syndromes that include hair abnormalities, interpretation of findings in alopecia and differential diagnosis of alopecia by investigations. It details the homoeopathic therapeutics, miasmatic approach and a concise repertory abstract of various disorders related to hair that will be a great help and support to practitioners of homoeopathy.

PB 9788131937891 £9.95 January 2016 B Jain Publishers Pvt Ltd 208 pages 215x140mm

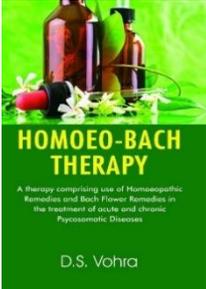


Herbal Healing Deck

Sarah Baldwin, Ashley Verkamp

Get in touch with the power of nature and its abundant remedies. This earthy, mystical deck of 48 oracle cards will help you learn about herbal medicine and unlock answers to life's many questions. Meet the plant spirits and explore their connections to your personal healing journey. Each card features a stunning, visionary depiction of a medicinal plant that will speak to you on a symbolic level to convey the true, archetypal essence of the plant. From the detailed guidebook, you will discover how the plant spirits provide deep guidance and wisdom for your life, while also discovering the medicinal uses and metaphysical qualities of each plant. Enjoy learning about therapeutic herbs, roots, flowers, and trees in this easy deck perfect for novices as well as seasoned readers.

Mixed media 9780764352133 £40.20 December 2016 Schiffer Publishing 144 pages 230x155mm

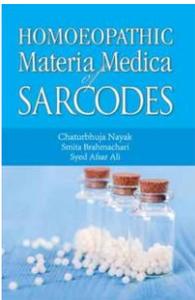


Homoeo-Bach Therapy

D S Vohra

It is usually said that Bach Flower Therapy is complementary to Homoeopathy but the author's assertion is that either of these therapies is supplementary or complementary to the other. How to combine both the therapies to get the best of results for your patients is the focus of this book.

PB 9788131907580 £12.45 January 2016 B Jain Publishers Pvt Ltd 273 pages 215x140mm

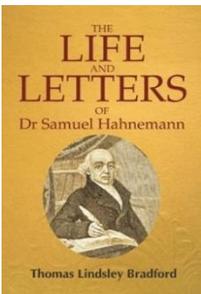


Homoeopathic Materia Medica of Sarcodes

Chaturbhuja Nayak, Smita Brahmachari, Syed Afsar Ali

The study of 'sarcodes is one of the most greyarea of homeopathic materia medica, which has not yet been thoroughly explored. Most of the sarcodes are not proved as per standard guidelines of Dr Hahnemann nor majority of them been clinically verified. On scrutiny of the available literature on sarcodes, a lot of differences and contradictions are witnessed which lead to confusion in the minds of the readers, particularly in respect to their sources, preparation, clinical applicability, effective potencies and doses etc., There is no clarity whether sarcodes should be earmarked as a separate class of 'animal kingdom'.

PB 9788131936009 £14.95 January 2016 B Jain Publishers Pvt Ltd 405 pages 215x140mm

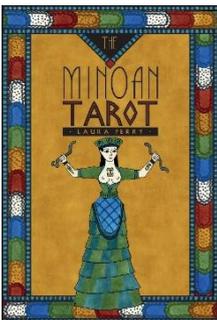


Life & Letters of Dr Samuel Hahnemann

Thomas Lindsley Bradford, MD

The author delves into the mind of the Master, tracking and understanding his thought process which led to the most valued discovery of the theory of chronic diseases and miasms. Multiple cases and examples ensure a better understanding of the subject.

PB 9788131908266 £16.25 January 2004 B Jain Publishers Pvt Ltd 521 pages 215x140mm

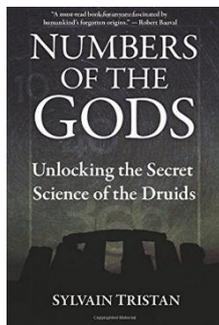


Minoan Tarot

Laura Perry

Ancient Minoans meet modern Tarot in this unique, vibrant 86-card deck and guidebook that call on archetypes of Tarot through iconography of a civilisation that flourished two millennia before the advent of Christianity. Using the Minoan palette from the ruins of the temple complexes and cities, the artwork was created entirely by hand, inspired by beautiful works of art from ancient Crete. Connect with the mysterious snake priestesses, labyrinthine temple complexes, and courageous bull-leapers. Explore gender-balanced face cards reflecting the egalitarian nature of Minoan society that makes this deck especially relevant for modern users: Priest and Priestess, Lord and Lady, Youth and Maid. Each card displays symbols from an ancient writing system and keywords reflecting literal image concepts or pointing to deeper meanings.

Mixed media 9780764352317 £40.20 February 2017 Schiffer Publishing 176 pages 230x155mm



Numbers of the Gods Unlocking the Secret Science of the Druids

Sylvain Tristan

A mind-blowing investigation into ancient wisdom... and the nature of the universe! Monuments like the Pyramids or Stonehenge make us wonder: Were the ancients way more advanced than we know? In this book Sylvain Tristan "does the maths" and finds fascinating answers. Yes, the Bronze Age had superb astronomers, who already knew the exact dimensions of our Earth, Sun and Moon, and that our planet rotates around the Sun, thousands of years BC. New discoveries prove that Celtic Druids and their predecessors used an amazingly precise and unified 366-degree geometry and astronomy to measure space and time. Many key sites of antiquity follow this geometry, from Babylon to Teotihuacán to the Great Pyramid of Giza. Stranger still, Druidic Initiates -- perhaps in the highest ranks of Freemasonry -- have discreetly continued to use their geometry in siting cities like Paris, Washington DC, and modern architectural monuments worldwide. Strangest and most awe-inspiring of all, the "magic numbers" of the Druids -- 366, 40 and 10 -- may be encrypted in the dimensions of the solar system, the physics of our universe and the biology of the human species, as if they were the signature of a Great Architect.

PB 9781615773664 £19.99 December 2016 Progressive Press 366 pages 230x155mm

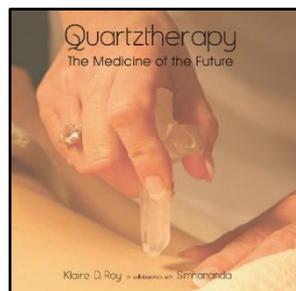


Paleo: Meat

Elizabeth Marsh

Elizabeth Marsh focuses on a popular component of the paleo lifestyle -- meat. From how to source sustainable and grass-fed meat, to how to cook the perfect steak, or properly prepare bone broth for optimum health, this is your comprehensive guide to enjoying the health and taste benefits of quality meat as part of a whole foods diet.

PB 9781925265675 £10.99 June 2016 Wilkinson Publishing 128 pages 235x170mm

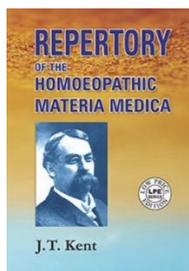


Quartztherapy The Medicine of the Future

Klaire D Roy

Quartztherapy presents a ground-breaking therapeutic approach for treating and 'healing' with quartz. This practical book focuses on the use of different types of quartz, on the study of the etheric body (and how crystals affect it), the prana (life energy) circulation, the meridians, and how quartz can help them all. Most importantly, it explains various therapeutic methods used with quartz. For example, the author, an experienced lithotherapist, illustrates techniques such as how to cleanse, repair, recharge and balance the etheric body (the door to all other invisible bodies) with specific quartz. Fully illustrated and written in a simple and accessible tone, the book conveys to readers the transformative potential alive in quartz, invaluable companions in our journey on this planet. It presents over 25 kinds of quartz and their benefits in therapy such as: elestial quartz, citrine quartz, Diamond Light Wand, record keeper, laser, self-healed, time link, cathedral, phantom, clear, etc. This unique approach provides guidance and inspiration to all readers, experienced therapist or quartz enthusiasts.

PB 9781896523835 £30.99 March 2017 Orange Palm & magnificent 279 pages 220x220mm colour photos

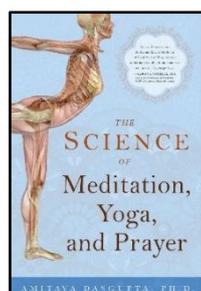


Repertory of the Homeopathic Materia Medica

J T Kent

A repertory which is used by every homoeopath. Based on the original provings and information gathered till that time. Includes the art of repertorising.

HB 9788131901236 £26.45 January 2016 B Jain Publishers Pvt Ltd 1542 pages 215x145mm

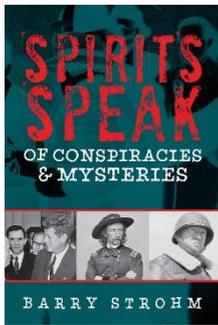


Science of Meditation, Yoga & Prayer

Amitava Dasgupta

There are various scientific health benefits for people who practice yoga and meditation. This book explores and explains them. The book merges eastern practices of well-being with western science to produce a perfect blend of science, meditation, yoga and prayer. Yoga has been demonstrated through scientific research to be a superior form of exercise for overall well-being and combatant of stress. Daily stress is nothing new and everyone experiences at some point. Chronic stress increases oxidative stress in the human body, which is related to many illnesses including heart attacks. Yoga and meditation are the most effective ways to relieve such stress.

HB 9781681570211 £20.99 November 2016 Blue River Press 192 pages 230x155mm

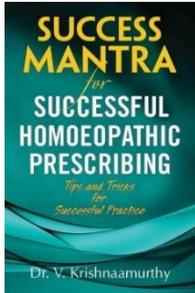


Spirits Speak of Conspiracies & Mysteries

Barry Strohm

Throughout history, individuals have planned events that have harmed others and some of these actions have become conspiracy theories and mysteries. Through spirit board communications with the other side, explore the details of 26 of the world's most famous cases. Learn what President John Kennedy has to say about his own assassination and murder. Consider the words of General George Custer as he tells what happened at the Battle of the Little Big Horn -- and who killed him. Find out about the murder of Abraham Lincoln and trace the strange events surrounding John Wilkes Booth. Discover secrets of Billy the Kid, Butch Cassidy, General George Patton, manipulation of the weather, the alien conspiracy, and much more.

HB 9780764352690 £23.99 February 2017 Schiffer Publishing 192 pages 230x155mm 27 colour & b/w photos



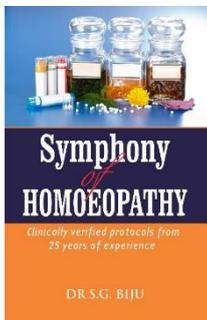
Success Mantra for Successful Homoeopathic Prescribing

Tips & Tricks for Successful Practice

V Krishnaamurthy

The subject of homoeopathic practice, had been enveloped into clouds of mysterious obscurities by many authors and teachers. This book carefully guides the reader, separating the wheat from the chaff. This work of Dr Krishnaamurthy is a compilation of his experiences which provides the readers a practical approach towards homoeopathy. It enlightens the effects of homeopathy in various clinical conditions such as Diabetes, Gout, and Sterility etc. The efficacy of this work is enhanced by the elucidation of the actual treated cases.

PB 9788131935163 £16.25 January 2015 B Jain Publishers Pvt Ltd 612 pages 215x140mm

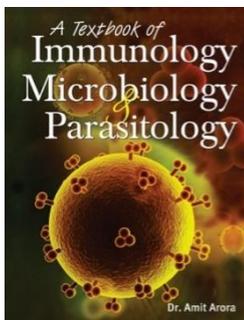


Symphony of Homoeopathy

S G Biju

The book elucidates the obstacles faced by Dr Biju during his homoeopathic childhood. It is both illuminating and rewarding to read about the ways in which he has handled and overcome the challenges in life. The book also deals with the management of acute emergencies. It will make you more decisive as the number of medicines and drugs are restricted on the basis of its effectiveness. It gives a clinical approach towards the application of the miasms. Various temperaments and miasms have been depicted with the help of various sketches. It is a stepping stone towards a uniform practical guideline which is a need of the hour to establish cure and a standard of treatment. If one Homoeopath could give relief to his patient with one particular medicine in a specific potency and dosage without compromising on philosophy then a guideline of such cure should be prepared by him.

PB 9788131939635 £17.45 January 2016 B Jain Publishers Pvt Ltd 493 pages 215x140mm



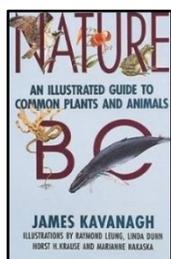
Textbook of Immunology, Microbiology & Parasitology

Amit Arora

This book opens the world of microbes and parasites around us, so that we are able to treat disease caused by them. This is the only book which comprises of both microbiology and parasitology under one bind. Fortified with details about the role of microbiology in nursing, role or collection, immunology, microbiology, parasitology and mycology. Student friendly and easy to understand. Immunology part is made simple, so that students can easily understand the concepts of immunity in dealing with the foreign agents. Key points have been included at the end of each chapter. Some important additional information has been given in grey boxes. Frequently asked questions in various exams (MBBS, BHMS and Nursing) have been included at the end of the book.

PB 9788131935156 £24.95 January 2015 B Jain Publishers Pvt Ltd 483 pages 240x185mm b/w illus & tables

NATURAL HISTORY



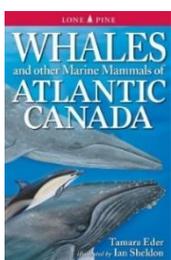
Nature BC

An Illustrated Guide to Common Plants & Animals

James Kavanagh, Raymond Leung, Linda Dunn

This all-purpose reference includes 340 species of birds, land and sea mammals, reptiles and plants. Descriptions, illustrations and range maps simplify identification.

PB 9781551050362 £13.99 August 1993 Lone Pine Publishing 192 pages 215x140mm



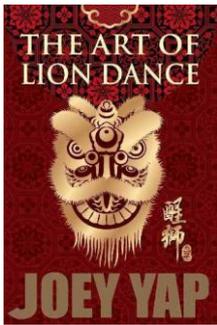
Whales & Other Marine Mammals of the East Coast

Tamara Eder

This beautiful full-colour book features, photographs, illustrations and range maps, notes on conservation status, quick ID, similar species and more. The rugged East Coast of North America offers some of the best whale watching opportunities in the world. 39 species of marine mammals including whales, dolphins, seals, otters and manatees.

PB 9789766500528 £15.50 March 2015 Lone Pine Publishing 168 pages 215x140mm colour photos, illus & maps

PERFORMING ARTS

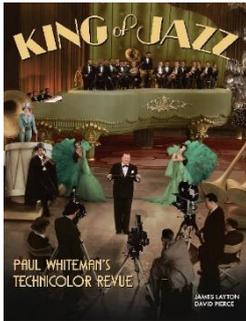


Art of Lion Dance

Joey Yap

Discover the true significance of the ancient art of Lion Dance. The Lion has long been a symbol of power and strength. That powerful symbol has evolved into an incredible display of a mixture of martial arts and ritualism that is the Lion Dance. Throughout ancient and modern times, the Lion Dance has stamped itself as a popular part of culture, but is there a meaning lost behind this magnificent spectacle? This book which is written by the world's number one man in Chinese Metaphysics, Dato' Joey Yap, explains the history and origins of the art and its connection to Qi Men Dun Jia. By creating that bridge with Qi Men, the Lion Dance is able to ritualise any type of ceremony, celebrations and mourning alike. The book is the perfect companion to the modern interpretation of the art as it reveals the significance behind each part of the Lion costume, as well as rituals that are put in place to bring the costume and its spectacle to life.

PB 9789671303870 £22.00 February 2017 Joey Yap International Limited 263 pages 230x155mm colour photos



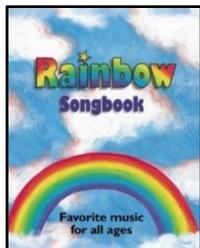
King of Jazz

Paul Whiteman's Technicolor Revue

James Layton, David Pierce

Tells the story of the making, release, and restoration of Universal's 1930 Technicolor musical extravaganza "King of Jazz". James Layton and David Pierce have uncovered original artwork, studio production files, behind-the-scenes photographs, personal papers, unpublished interviews, and a host of other previously unseen documentation. The book offers a richly illustrated narrative of the film's production, with broader context on its diverse musical and theatrical influences. The story concludes with an in-depth look at the challenges Universal overcame in restoring the film in 2016. Additionally, the book's appendix provides a comprehensive guide to all of the film's performers, music, alternate versions, and deleted scenes. King of Jazz was one of the most ambitious films ever to emerge from Hollywood. Just as movie musicals were being invented in 1929, Universal Pictures brought together Paul Whiteman, leader of the country's top dance orchestra; John Murray Anderson, director of spectacular Broadway revues; a top ensemble of dancers and singers; early Technicolor; and a near unlimited budget. The film's highlights include a dazzling interpretation of George Gershwin's Rhapsody in Blue, which Whiteman had introduced to the public in 1924; Walter Lantz's A Fable in Jazz, the first cartoon in Technicolor; and Anderson's grand finale -- a visualisation of popular music's many influences and styles.

HB 9780997380101 £47.99 November 2016 Practical Psychology Press 304 pages 280x215mm 306 illus

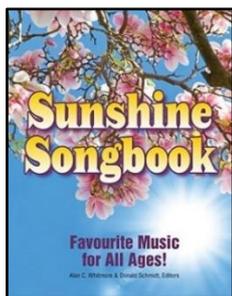


Rainbow Sing-Along CD & Songbook Set

Alan C Whitmore

Music for community, church, camp, or family and friends gathered around the piano.

Mixed media 9781770649255 £35.03 January 2017 Northstone Publishing 96 pages 280x215mm illus



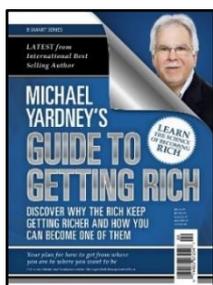
Sunshine Sing-Along CD & Songbook Set

Alan C Whitmore, Donald Schmidt

The Sunshine Songbook and Sunshing Sing-along CD includes music adored by ministers, children, and leaders alike and is perfect for: Congregations looking for contemporary music; Enhancing faith formation; Home-use; Use with The Best of Whole People of God resources. The Sunshine Songbook and Sing-along CD new music resource has been composed by over 16 international artists including, Donald Schmidt, Jim and Jean Strathdee, Bruce Harding, Linnea Good, Keri Wehlander, Pat Mayberry, and Dan Damon. Also included are global songs from Africa and Latin America, as well as a few favourites from the best-selling Seasons of the Spirit Music CDs.

Mixed media 9781770649248 £36.88 January 2017 Northstone Publishing

PERSONAL FINANCE

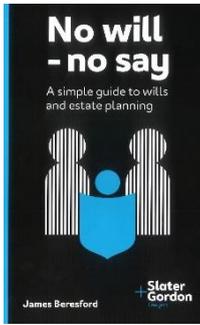


Michael Yardney's Guide to Getting Rich

Michael Yardney

As a property investment advisor and mentor, Michael Yardney grew frustrated watching people make the same money mistakes over and over again. Fact is, many people eke out a living, struggling pay day to pay day. They were never taught how to save or how to invest and they are unaware of the simple habits that could make them rich. Sadly, while the rich keep getting richer, most people end up with nothing to show for all their years of working. This guide is a must-read for anybody who wants to get ahead financially. It is a plain English guide to the "science of getting rich".

PB 9781925265712 £15.50 August 2016 Wilkinson Publishing 244 pages 235x180mm



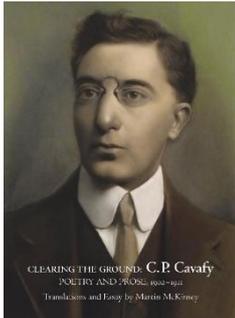
No Will -- No Say A Simple Guide to Wills & Estate Planning

James Beresford

No one likes to talk about wills; it makes you realise your own mortality. However if you don't consider this then you will have no say who receives what, when you die. No Will - no say is a simple guide to wills and estate planning and explains in simple terms the steps that are needed to ensure that your wishes are met. Written by the wills, trusts, tax and probate experts at Slater and Gordon the guide covers the essentials you need to consider including considerations when thinking about writing a will, when to start planning, Inheritance tax, Trusts, Lasting Powers of Attorney and providing for vulnerable beneficiaries. Whether you're looking to put a will in place, need to update an existing will or simply considering your options for the future, No Will - no say is the essential guide for anyone who wants to make sure they have their say!

PB 9781925265965 £9.99 March 2017 Wilkinson Publishing 72 pages 210x140mm

POETRY

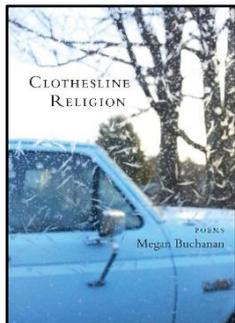


Clearing the Ground C P Cavafy, Poetry & Prose, 1902-1911

C P Cavafy Translated by Martin McKinsey

This book illuminates a crucial decade of Cavafy's artistic development, marked at one end by a period of personal crisis and near creative stasis, at the other by the poetic force of the celebrated "Ithaca". The years in between are held together by the "Unpublished Notes on Poetics and Ethics". Part private confession, part public pronouncement, part journal entry, and philosophical penseé, these notes were recorded between 1902 and 1911. In some of them, Cavafy attempted to formulate "thoughts and feelings never before uttered" in his own language -- in certain cases, in any language. The full body of the notes is correlated in this volume with the poetry Cavafy was writing contemporaneously -- in particular the startling "hidden poems" begun in 1904. What emerges is a striking narrative of artistic and personal becoming. This is a revelatory work for students and lovers of Cavafy -- one of the great outsider poets of the twentieth century.

PB 9781942281009 £16.50 October 2015 Laertes, a Press for Literary 163 pages 230x155mm

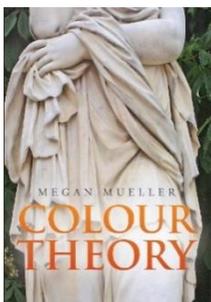


Clothesline Religion Poems

Megan Buchanan

This book chronicles twenty years worth of adventures in the life of an artist as young single mother. Megan Buchanan, a poet and professional dancer, gave birth to a daughter at 22, lived abroad in Ireland and France, and came back home again to Southern California and the mountains of the Southwest. This debut poetry collection spans wild open roads, backyard vegetable gardens, Irish pubs, country dance halls, Vermont screen-porches, midnight river valleys, artist studios, and the world of waking dreams. Buchanan's poems offer fierce evidence of what she calls "ordinary magic" -- and what others might call mindfulness -- discovering gratitude, the path of recovery, and a mother's deep joy.

PB 9780996897396 £14.50 February 2017 Green Writers Press 80 pages 205x155mm

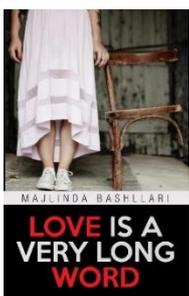


Colour Theory

Megan Mueller

A letter of apology to Vincent Van Gogh, a flat-footed dialogue with Bernini's Pope Gregory, a searing glimpse into a young dissident's life between the Wars -- this collection catapults readers back in time to unpack the human condition through vivid imagery and gripping narratives. It investigates how the mind deconstructs and regenerates events. The poems speak to each other and contribute to a steady momentum that is both elegant and elastic. Collectively, they paint a visceral and highly emotive picture of the universal desire to find meaning, compassion and belonging where even the most ordinary details shimmer with new light and lyrical intensity.

PB 9781771830843 £13.99 April 2016 Guernica Editions 86 pages 205x125mm

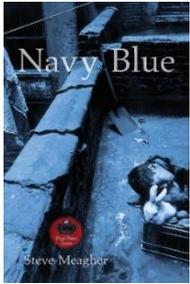


Love is a Very Long Word

Majlinda Bashllari

This collection explores the parallel, ambiguous realms of freedom and love -- much coveted yet unnatural states of the human mind. Combining the tradition of Balkan lyricism with narrative modernist techniques, these bold poems witness the cross-cultural world of their subjects -- from wounds to hope, struggle to wry triumph. The striking cover image for Love is a very long word is by photographer Marsida Lekaj.

PB 9781771830812 £13.99 March 2016 Guernica Editions 86 pages 205x125mm

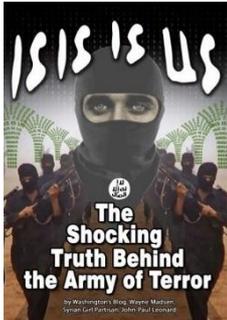


Navy Blue
Steve Meagher

Broken hymns. Desperate prayers. Tales of first heroes. Stories of the street. These poems walk the middle ground between sorrow and salvation, tackling themes of devotion, regret, innocence lost and mortality through an array of dark landscapes and narratives of the dispossessed. Written in sharp and urgent language with undercurrents of raw emotion, this book marks the arrival of a brave and original new voice in Canadian poetry.

PB 9781771830966 £13.99 March 2016 Guernica Editions 72 pages 205x125mm

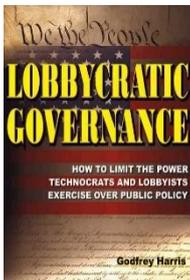
POLITICS & GOVERNMENT



ISIS IS US
The Shocking Truth -- Behind the Army of Terror
Jean-Paul Leonard

Did the "Islamic State" spring full-blown into spontaneous being as the fanatical scourge of the Middle East, or was it helped along by state sponsors? In this book, a panel of cutting-edge researchers tell what ISIS really is, and what has been going on behind the scenes in Iraq, Syria and Libya. The conclusion: ISIS is Iran-Contra all over again. In the 1980's, the Reagan administration wanted to topple the government of Nicaragua, using right-wing mercenaries, death squads, based in Honduras. But Congress passed a law prohibiting that. So they went around it, by financing the Contras via Iran. Three decades later, Washington hawks wanted to topple the elected governments of Libya and Syria, and crush the popular resistance in Iraq. Once again, they planned to do this using death squads. So they got around Congress by having Qatar and the Saudis finance it. To set up death squads in Iraq, they sent John Negroponte as Ambassador to Baghdad in 2004. The same guy they sent to Honduras as Ambassador from 1981 to 1985. Then in 2011, they sent some of those killers from Iraq to Libya to overthrow Qaddafi, with NATO air cover. From Libya, they were sent on to Syria to start the killing there, in a dirty war directed by Negroponte's right-hand man, US Ambassador Ford. Over the next couple years, the embedded media perversely pinned the killings of civilians on Assad, "staying on message" with the script for another NATO invasion. Only Russia's UN veto spared Syria. Still, the sheikhs kept on financing the "rebels" -- and the US pretended to fight them -- until they grew into the ISIS terror army.

PB 9781615771523 £19.99 March 2017 Progressive Press 262 pages 255x180mm b/w photo & maps

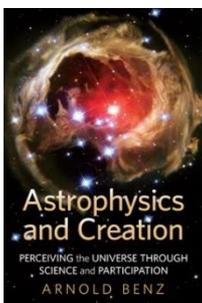


Lobbycratic Governance
How to Limit the Power Technocrats & Lobbyists Exercise Over Public Policy
Godfrey Harris

After the Kennedy assassination, the loss of the Vietnam War, and the Nixon resignation, many voters dropped out of active involvement with government permitting large organisations to fill the void, aided by term limits and Citizens United, which in turn allowed lobbyists and technocrats to takeover the machinery of government with politicians acting as their enablers.

PB 9780935047868 £23.99 January 2017 Americas Group Publications 280 pages 230x155mm illus

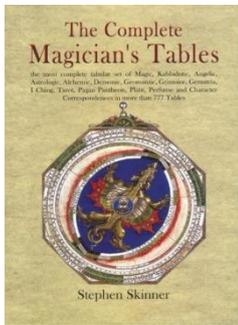
RELIGION & BELIEFS



Astrophysics & Creation
Perceiving the Universe Through Science & Participation
Arnold Benz

When people gaze at the heavens, what do they see? Arnold Benz may finally have the answer. In this groundbreaking book the renowned Swiss astronomer looks to -- and beyond -- the stars to find a happy coexistence between science and faith. Unlike others who have sought to intertwine the two, Benz, a professor emeritus at ETH Zurich's Institute for Astronomy, finds paradoxical, parallel universes of each -- neither dependent upon the other, but both telling compelling, complementary tales that put our very existence in perspective.

PB 9780824522131 £18.99 February 2017 Crossroad Publishing Company 186 pages 215x140mm

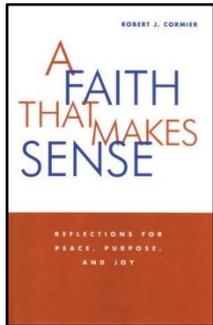


Complete Magician's Tables

Stephen Skinner

These 840+ magical tables are the most complete set of tabular correspondences covering magic, astrology, divination, Tarot, I Ching, Kabbalah, gematria, angels, demons, Graeco-Egyptian magic, pagan pantheons, Christian, Muslim, Jewish, Buddhist, Taoist and mystical correspondences ever printed. It is over five times larger and more wide ranging than Crowley's Liber 777. New columns include the spirits from Faust's Höllenzwang and Trithemius' Steganographia. Types of magic and their Greek identification headwords; the meanings of a wide range of nomina magica; planetary incenses; and the secret names for ingredients, all from the Greek magical papyri. Also the names of the gods of the hours and the months which must be used for successful evocation. The source of the data in these tables ranges over 2000 years, from the Graeco-Egyptian papyri, Byzantine Solomonike, unpublished manuscript mediaeval grimoires and Kabbalistic works, Peter de Abano, Abbott Trithemius, Albertus Magnus, Henry Cornelius Agrippa, Dr John Dee, Dr Thomas Rudd, Tycho Brahe, MacGregor Mathers (and the editors of Mathers' work, Aleister Crowley and Israel Regardie), to the mage of classical geometric shapes, modern theories of prime numbers and atomic weights. The sources include many key grimoires such the Sworn Book, Liber Juratus, the Lemegeton (Goetia, Theurgia-Goetia, Almadel, Pauline Art), Abramelin, and in the 20th century the grimoire of Franz Bardon.

HB 9780738711645 £40.00 January 2006 Golden Hoard Press Pte Ltd 448 pages 260x185mm 16 illus



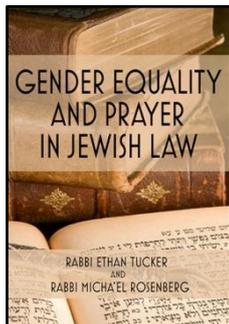
Faith That Makes Sense

Reflections for Peace, Purpose & Joy

Robert J Cormier

People have finally figured out that things, and a purely worldly life, are simply not enough. They are looking for something deeper, something spiritual; they are looking for God. The problem is, so many people talk about spiritual things, all of them seem sure, but they contradict one another. This has left the modern person feeling a little helpless about what to believe. To free us from being at the mercy of the last person who had our ear, God wrote the truth into our nature. It is there to be seen by anyone who knows where to look. It will be seen if it is explained so that it makes sense, so that a person can see it for him or herself. Such is the purpose of this book. With Cormier's guidance you will find that not only does faith make sense, but it offers a peace, purpose, and joy almost too wonderful for words.

PB 9780824518752 £10.50 November 2000 Crossroad Publishing Company 240 pages 215x140mm

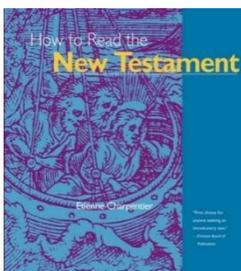


Gender Equality & Prayer in Jewish Law

Rabbi Ethan Tucker, Rabbi Micha'el Rosenberg

As gender equality has spread throughout society, including its religiously observant sectors, traditional communities turn to their guiding sources to re-examine old questions. This book opens the reader's eyes to the wealth of Jewish legal material surrounding gender and prayer, with a particular focus on who can lead the prayers in a traditional service and who can constitute the communal quorum -- or minyan -- that they require. With honesty, transparency, and rigour, this is a powerful resource for grappling with these complex questions. The authors not only explore this specific issue in depth, but they also model how we can mine the Jewish legal tradition for its underlying values, enabling its complex sources to serve as effective guides for contemporary communal decision-making.

HB 9789655241983 £23.99 February 2017 Urim Publications 128 pages 220x145mm



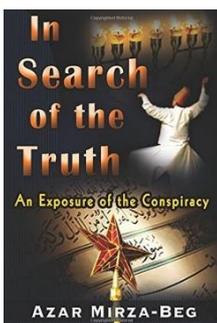
How to Read the New Testament

(Crossroad Adult Christian Formation Series)

Etienne Charpentier

Specifically geared to the adult learner, this guide to reading the New Testament captures the richness of Christian tradition and relates learning to everyday living.

PB 9780824505417 £16.50 October 1982 Crossroad Publishing Company 128 pages 230x205mm



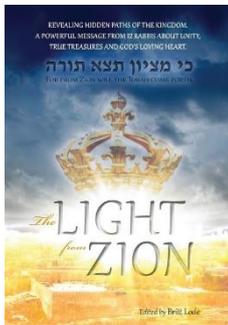
In Search of the Truth

An Exposure of the Conspiracy

Azar Mirza-Beg

This is a portrait of our times, society, and religion. The author, a sheikh of a dervish order, reveals to the modern reader for the first time the secret intrigues and conspiracies of Satan that will bring the world inevitably to destruction, unless all spiritually aware people, and Muslims, unite and stand up against the army of forces of evil. Main Subjects: 1. Sufi mysticism and autobiography: the author's search for a teacher; 2. The decadence of atheistic modernism and Soviet Communism; 3. The corruption of nations by intelligence agencies; 4. Zionist Jewry: destruction of the Soviet Union, and war on Islam; 5. Society perverted by media, Islam twisted by Young Turks and Wahhabis; 6. Neo-fascism in Europe.

PB 9781615777044 £12.99 February 2014 Progressive Press 212 pages 230x155mm

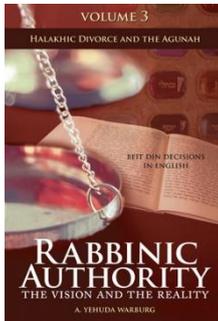


Light from Zion

Edited by Britt Lode

Today there are many people among the nations of the world who are drawn to the Jewish people and desire the sweetness of the Torah and its teachings. It has been difficult for non-Jewish people to find such teachings -- until now. This ground-breaking book offers a collection of essays on the weekly Torah portions and the holidays from twelve leading rabbis of Israel, written specifically to address the interests of a Christian audience. This is the world's first book of Torah written by Orthodox rabbis especially (but not exclusively) with pro-Israel Christians in mind! These Orthodox rabbis are enabling the fulfillment of the words of Zechariah 8:23: "In those days it will happen that ten men, of all the [different] languages of the nations, will take hold, they will take hold of the corner of the garment of a Jewish man, saying, "Let us go with you, for we have heard that God is with you!"

HB 9789652298133 £21.99 January 2017 Gefen Publishing House 372 pages 235x165mm



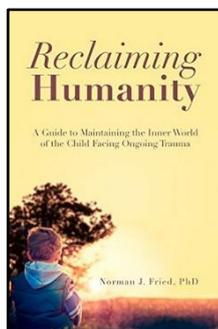
Rabbinic Authority

The Vision & the Reality, Beit Din Decisions in English -- Halakhic Divorce & the Agunah

A. Yehuda Warburg

The third volume of his ground-breaking series on rabbinic authority in English, Rabbi Warburg discusses the ramifications of a Jewish divorce. In this well-composed monograph, Rabbi Warburg primarily focuses on the case of the modern day agunah, a wife who is unable to get divorced due to her husband's recalcitrance. He addresses the various techniques, such as obligating the giving of a get (Jewish divorce document), finding relief for an agunah who signed an exploitative agreement, and listing different avenues to void a marriage used by the rabbinical court. This issue is of some controversy in the Jewish community, and there is heated debate about it.

HB 9789655242515 £25.99 February 2017 Urim Publications 384 pages 240x170mm



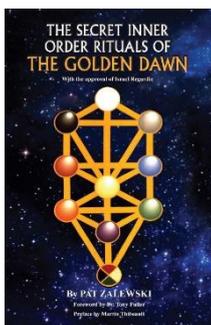
Reclaiming Humanity

A Guide to Maintaining the Inner World of the Child Facing Ongoing Trauma

Norman J. Fried

Using insights gleaned from the Bible and psychology, this book is for anyone who is interested in helping the children deal with traumatic issues. The inner world of a healthy child is filled with wonder, awe, and faith in a fair and just world. But for some children, a belief in the benevolence of the world and its people is often too hard to claim. In this unique guidebook, Dr Norman Fried gives valuable insights into the lives of children who have been victimised by chaos and disease, and teaches how to help them grow within the context of a loving, accepting, and ethical bond. Using these examples, along with writings of Rabbi Joseph Soloveitchik on religion and psychology and the wisdom of trauma specialists, Dr Fried shows how divine connections can serve as an inspiration, as well as a template, for other healthy interactions in a world that needs repair. Through directed action, biblical citations, and psychotherapeutic techniques that provide empowerment and hope, Dr Fried takes the reader on a journey toward healthier functioning.

HB 9789655242126 £18.99 February 2017 Urim Publications 112 pages 205x135mm

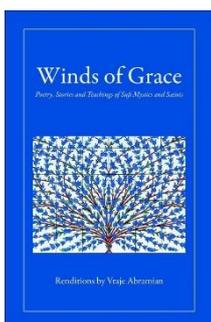


Secret Inner Order Rituals of the Golden Dawn

Pat Zalewski, Tony Fuller, Martin Thibeault

When the first edition of the Secret Inner Order Rituals of the Golden Dawn book was released in 1988 it was about an unknown Golden Dawn temple, Whare ra, in New Zealand, that few people had heard of. It had closed its doors some ten years earlier after its founding in 1912 by Dr Robert Felkin. Many of the elderly adepts were then still living at the time of the book's publication. This book revealed not only the history of Whare ra temple in Havelock North, but that some of its adepts had taught others its teachings, rituals and methodologies. The real surprise in the book was the first publication of the 6=5 and 7=4 rituals of the Stella Matutina, which author Pat Zalewski, had been awarded. The second edition has made a number of corrections to the historical element of the book in lieu of more recent research and also additions to the 6=5 and 7=4 rituals, which had a number of copying errors and omissions in them. This edition presents a far more balanced perspective on the last of the Stella Matutina temples from the point of view of its members, as told to the author and of the struggles they had in continuing it into the 1970's.

PB 9781561845354 £28.99 October 2016 New Falcon Publications 270 pages 215x140mm



Winds of Grace

Poetry, Stories & Teachings of Sufi Masters & Saints

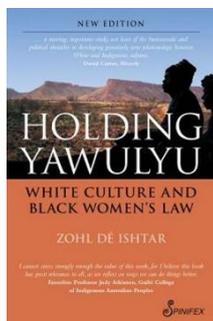
Vraje Abramian

Drawing from the most authentic texts available in the original Persian/Farsi language, Vraje Abramian offers this extensive collection of stories, teachings and poetry from major saints, mystics and sages in the history and evolution of Sufism. Sufi Masters throughout the ages have always reminded seekers that the final answers lie in Silence, where the ego-mind is absent. Still, they have also been great poets and storytellers, whose words were capable of life-altering effects. This is a fresh collection that will both instruct and encourage individuals on the path of love and transformation. Readers and seekers today need such roadmaps of sanity and wisdom, pointing the way through life's detours. Includes selections from today's most well-recognised and highly acknowledged masters. More uniquely, however, it introduces us to teachings and anecdotes of the obscure hermit, the "mad" but unknown dervish, the crazy naked ascetic. Many of these voices offered a shock to his or her contemporaries,

jarring them from the complacency which makes automatons of humans. Others, contained a paradoxical twist on the religious life or practice of their times, but soaked with an age-old wisdom that is vital to practitioners today. Read between the lines here! The translator instructs us. Abramian advises readers that language adopted by Sufi teachers was designed to break the habits that normally deaden our sensitivities. He has therefore selected pieces that remind us to wake up, to take stock, to continue carefully observing. And, by careful sequencing of topics, the book gently guides readers toward the essence-truths or core-teachings of these wise ones.

PB 9781942493068 £23.99 December 2016 Hohm Press 288 pages 215x140mm

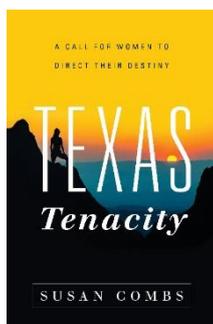
SOCIETY & CULTURE



Holding Yawulyu
White Culture & Black Women's Law
 Zohl Dé Ishtar

Mapping inter-cultural relationships as they are played out in a remote Aboriginal settlement in Western Australia's Great Sandy Desert, this book challenges White Australians to reconsider their relationship with Indigenous peoples. Unpacking White cultural practices, it explores the extraordinary difficulties which Indigenous women face when they attempt to maintain and pass their cultural knowledge, customs and skills on to their children and youth. From 1999 to 2001, Zohl dé Ishtar lived and worked intimately with a group of thirteen women elders to establish a vibrant intergenerational cultural knowledge transmission program: the Kapululangu Women's Law and Culture Centre. Through this profound experience Zohl identified 'Living Culture', the cultural energy which is created when individuals live their culture to its fullest expression enabling them to transform their worlds even when to do so seems impossible. Her profound radical feminist analysis of the socio-cultural context surrounding this Indigenous women's initiative challenges White attitudes and behaviours and offers a deeper comprehension to those who aspire to be involved in collaborative projects with Indigenous peoples.

PB 9781742199795 £19.95 December 2016 Spinifex Press 388 pages 210x140mm

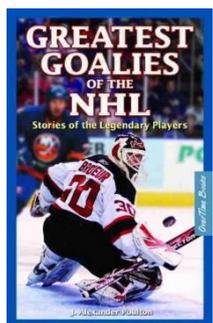


Texas Tenacity
A Call for Women to Direct Their Destiny
 Susan Combs

Susan Combs dares you to be the person you want to be! Susan Combs has pretty much been, been through, or done it all. She reassures us that ups and downs are normal in life because she has lived through her share. She has experienced domestic abuse, fought for children's rights, pounded tough pavements running for office, and won and lost battles in the bruising world of politics. She has taken her life experiences and from them, willed who she wanted to be. Feisty, intelligent, and honest, this book encourages women and girls to seize opportunities wherever they find them and to hold on to their identities with everything they have got. Everyone -- women and men alike -- will find something to relate to and laugh out loud about in these rich stories.

PB 9781626343504 £15.50 January 2017 Greenleaf Book Group 232 pages 215x140mm

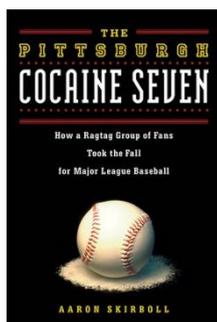
SPORT



Greatest Goalies of the NHL
Stories of the Legendary Players
 J Alexander Poulton

Top-ranked NHL teams tend to be those with top-ranked goalies and a look back at the Stanley Cup champions of hockey history quickly proves the conventional wisdom. This book profiles some of the most outstanding netminders the game has ever seen: Jacques Plante, who pioneered use of the goalie mask while minding net for the dynasty Montreal Canadiens that won 5 Stanley Cups in a row; Ken Dryden, another Canadiens goaltender who backstopped the team to six Stanley Cup victories; Glenn Hall, who still holds the record for most consecutive NHL games played by a goalie; Patrick Roy, known as Saint Patrick to his fans, widely regarded as the greatest goaltender of all time; such superstar stoppers as Terry Sawchuk, Johnny Bower, Martin Brodeur, and more.

PB 9781897277126 £7.99 December 2006 Overtime Books 168 pages 210x135mm

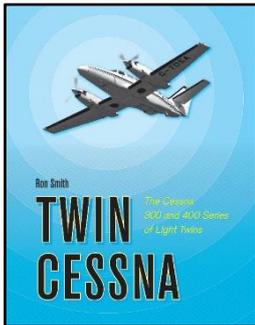


Pittsburgh Cocaine Seven
How a Ragtag Group of Fans Took the Fall for Major League Baseball
 Aaron Skirboll

In terms of sheer dirt, three baseball scandals rise to the top: Shoeless Joe and the Black Sox, the 1985 Pittsburgh drug trials, and the steroid era. The former and latter have been covered extensively. Yet there has never been a book detailing the biggest drug trials in baseball history. This book tells the whole story in all its shocking details. The MLB participants were among the game's elite, but most of the guys who took the fall for these superstars were just average fans, not heavy hitters or major drug dealers. In 1985, it seemed the league was poised to implement a drug-testing policy for the players. Of course, that did not happen, and because of this inaction, the steroid era came along. This is a prescient and compelling story and a necessary read for any baseball fan today.

PB 9781613736753 £15.50 February 2017 Chicago Review Press 288 pages 230x155mm

TRANSPORT

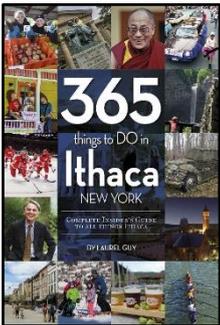


Twin Cessna **The Cessna 300 & 400 Series of Light Twins** Ron Smith

The Cessna 310 broke new ground in general aviation when it appeared in 1953. It remained in production for nearly thirty years and nearly 6,000 were built. This book reviews the type's origins, competitors and development, including the many variants produced. Detail includes comments on ownership and operation, visual differences between individual models and after-market upgrades. The book continues with the closely-related Cessna 320 and the later "cabin class" twins, the Cessna 340, 335 and 303. A second section examines the larger cabin twins in the Cessna 400 series from the Cessna 411 to the turboprop Cessna 425, 441 Conquest II and Reims Cessna F406 Caravan II. This family includes nine distinct types of aircraft and the section also includes some amusing tales about flying the Cessna 404 Titan.

HB 9780764352263 £33.50 February 2017 Schiffer Publishing 144 pages 280x215mm 215 colour & b/w photos

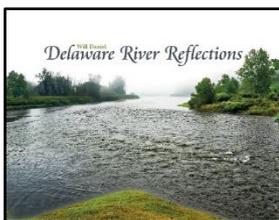
TRAVEL



365 Things to Do in Ithaca New York **Complete Insider's Guide to All Things Ithaca** Laurel Guy

On Cayuga Lake in the heart of the Finger Lakes, Ithaca, NY, is home to Cornell University and Ithaca College. Gorges. Enlightened. Quirky. Ithacans do things differently. For every day of the year, there is something interesting in this guidebook to see or do. Laurel Guy weaves 10,000 details into a portrait of the town, its people, and yes, the weather. Follow the original Yellow Brick Road...

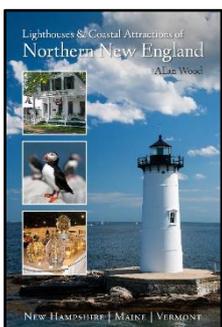
PB 9780764352577 £23.99 December 2016 Schiffer Publishing 192 pages 230x155mm 435 colour photos



Delaware River Reflections Will Daniel

Over 250 photographs, anecdotal text, and historical perspectives reveal the majesty and beauty of this vital East Coast water source. Explore hundreds of scenic locations from its beginning in the Catskill Mountains to its journey through the Delaware Bay and drainage into the Atlantic Ocean. Along its path, the Delaware touches the lives of millions of people in four states. Stand on the spot where the river begins in Hancock, New York; where George Washington and his army crossed the river in 1776 to defeat the Hessians at Trenton, New Jersey; where William Penn founded the colony that bears his name; and so much more. Visit one of the nation's premier national parks, the Delaware Water Gap National Recreation Area with its magnificent vistas, waterfalls, creeks, mountains, and valleys. See Center City Philadelphia and the river from the perspective of the city's tallest building.

HB 9780764352294 £28.99 February 2017 Schiffer Publishing 144 pages 215x280mm 267 colour photos



Lighthouses & Coastal Attractions of Northern New England **New Hampshire, Maine & Vermont** Allan Wood

With over 360 colour photos and maps, this image-rich guide covers all 76 lighthouse locations in the New England states of Vermont, New Hampshire, and Maine. For tourists, historians, lighthouse enthusiasts, and other travellers, here are practical directions and historical tidbits not only on the lighthouses, but on the tours, attractions, and other sites of interest in the coastal communities these beacons have long protected. Enjoy boat cruises, organisations involved in local lighthouse preservation, and plenty of indoor and outdoor attractions and entertainment, including attractions off the beaten path like snack shacks or strange amusements.

PB 9780764352355 £23.99 February 2017 Schiffer Publishing 296 pages 230x155mm 366 colour & b/w photos